

VOLKSMARCH SPONSOR: Princeton Area Walkers, AVA 776

SANCTIONED BY: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

TRAIL DESCRIPTION: Mostly a flat sidewalk trail along the streets of this historic community. Strollers: easy; Wheelchairs: easy; Pets: leashed.

TRAIL BACKGROUND: This walk goes through residential sections of Princeton before winding through the festival. For over 20 years, the Arts Council of Princeton and the students of Princeton University have collaborated to bring Princeton's largest cultural event to the community, Communiversity Festival of the Arts. Enjoy this spirited outdoor event featuring continuous live entertainment on four stages, numerous artists and crafters, children's activities and games, and a wide array of delicious food from around the globe. More than 100 artists, crafters, merchants, and local organizations will participate on the last Saturday of April as they exhibit their wares on Nassau and Witherspoon Streets, which will be closed to traffic during the event.

SPECIAL EVENTS: American Revolutionary War Program, Spirit of Walking Cemetery Stroll, U.S. Presidents Walks, American Authors & Literary Landmarks, A-Z

DISTANCE: 5 & 10 KM. **DIFFICULTY:** 2

START/FINISH LOCATION: Frist Campus Center, Princeton University. <http://www.princeton.edu/frist/>

START: Register between 10:00 a.m. and 1:00 p.m. **Finish by 4:00 p.m. Festival 12-5pm.**

DATE: Saturday, April 25, 2009

ADDITIONAL RESOURCES:

The Arts Council of Princeton
www.artscouncilofprinceton.org/

Frist Campus Center www.princeton.edu/frist/

Campus Maps <http://www-preview.princeton.edu/main/visiting/>

REGISTRATION/FEES: Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering our expenses.

FACILITIES: Restrooms available at start point, police station, Princeton Public Library, Starbucks and other establishments in town & on Princeton University Campus.

CONDITIONS: The event will be held regardless of weather conditions, but keep in mind that severe weather will increase the trail difficulty. Please, no littering along the trail. Pets are permitted if leashed.

AWARD: There is no special Award for this event. There is no pre-registration.

EVENT PROCEDURE: At the start point, each participant will receive a start card, which must be filled out legibly with the individual's name and address (preprinted address labels are suggested). The start card must be carried during the event and personally presented at control points along the trail. Participants missing a control point may be refused an award/or IVV credit. All cards remain the property of the sponsoring club and must be turned in at the completion of the event.

ELIGIBILITY: Anyone is welcome to participate in the walk. Children under 12 must be accompanied by an adult along the trail.

IVV RECORD BOOKS: Participants are reminded to bring their IVV record books. Additional books will be available for purchase at \$5 each.

REFRESHMENTS: Snack bar in Frist Campus Center, numerous restaurants along Nassau & Witherspoon Streets & many food vendors participating in Communiversity.

DISCLAIMER: The sponsors of this event, their officials, members, and agents cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make these events safe & enjoyable for all.



www.princetonareawalkers.com

Year Round & Seasonal Events

Asbury Park / Belmar Walk
Atlantic City Walk
Barnegat Light Walk
Cape May
2 Long Branch Walks & 1 Bike
Moorestown Walk
4 New York City Walks
2 Princeton Walks
Red Bank Walk
Sea Girt \ Spring Lake Walk
Titusville \ Washington Crossing Walk
Westfield Walk

2009 Event Schedule

March 28	South River
April 25	Princeton Communiversity

For information on these events or club membership contact Maureen Penta (maurpenta@comcast.net) 732-229-8169.

The AVA National office maintains a voice message listing of all events by state updated monthly which can be accessed at 1-800-830-WALK (9255) and a web site at www.AVA.org

Fun, Fitness, Friendship

Sponsored by:



Partnered with:

GNC LiveWell.

What is Volksporting? The German term 'volkssport' literally means a 'sport of the people'. Anyone of any age can participate in walking, biking, swimming, or cross country skiing events. These events are not a contest of speed, rather each participant sets their own pace and only needs to complete the event before the stated finish time -- thus everyone is a "WINNER".

Directions: By Car

From the WEST Drive east on Interstate 78 into New Jersey. Exit onto southbound Interstate 287 (toward Somerville). Follow signs for Routes 202/206 south. Go south on 202 for a short distance, follow signs to 206 south, which takes you around a traffic circle. Go south on 206 for about 18 miles to Nassau Street (Route 27) in the center of Princeton. Turn left onto Nassau Street (Route 27), then turn right on Washington Rd. (third traffic light). See directions to parking lot #26.

From the NORTH/New York City Take the New Jersey Turnpike south to Exit 9 (New Brunswick). After the toll booths, take the first right turn onto the ramp for Route 18 north. Soon after you enter Route 18, take the left side of a fork in the road, staying in the right lane. Immediately bear right for an exit to U.S. Route 1 south/Trenton. Drive south on Route 1 for about 18 miles to the Washington Road exit, which is a traffic circle. Take the first right off the circle (between the gas stations) toward Princeton onto Washington Road. See directions to parking lot #26.

From South New Jersey We recommend that you take Interstate 295 north (instead of the New Jersey Turnpike). Take Exit 67 to Route 1 north. Travel about 3 miles north on Route 1 to the Washington Road exit, which is a traffic circle. Go three quarters of the way around the circle and turn right (between the gas stations) toward Princeton. See directions to parking lot # 26.

From the PHILADELPHIA AREA Take Interstate

95 north into New Jersey and exit at Route 1 north (exit 67). Travel about three miles north on Route 1 to the Washington Road exit, which is a traffic circle. Go three quarters of the way around the circle and turn right (between the gas stations) toward Princeton on Washington Rd. See directions to parking lot #26.

From the EAST Take Interstate 195 west (toward Trenton) to the exit for Interstate 295 north. Drive seven miles to the exit for Route 1 north (exit 67). Travel about three miles north on Route 1 to the Washington Road exit, which is a traffic circle. Go three quarters of the way around the circle and turn right (between the gas stations) toward Princeton. See directions for parking lot #26.

To Parking Lot #26 Heading north on Washington Road (away from Route 1), turn right onto Prospect Street. If you are heading south on Washington Road (away from Nassau Street/Rt 27), turn left onto Prospect Street. Follow Prospect Street and turn right onto Fitzrandolph Road. Make the first right off of Fitzrandolph Road onto Western Way/Ivy Lane. Follow Western Way/Lane and make a right into Lot 26. Metered parking is available on Prospect St.

After parking, walk on Ivy Lane to Washington Road. Cross Washington Road at the traffic light. Turn right and follow the walkway up the hill along side of the Frist Campus Center. At the top of the hill, turn left and enter the building on the 100 level, and proceed to the Welcome Desk for information & Princeton Area Walkers table.

Alternative Parking Arrangements Other parking options include municipal parking lots and garages in downtown Princeton. Entrances are located on Chambers Street, Hullfish Street, & Spring Street. From 5 pm - 2 am M-F & from 6 am -2 am on Saturdays & Sundays, visitors may park in most of University's numbered parking lots except 8 &9.

BY TRAIN Contact D. Glace (609.259.2365) or Maureen Penta.

For additional travel information, contact the Frist Campus Center Welcome Desk at 609. 258-1766.

Princeton Communiversity Walk

Princeton, New Jersey
(Mercer County)

Saturday April 25, 2009

A 5 & 10 Kilometer
Non-competitive Walk
Start 10AM-1PM



Festival 12-5pm

Event AT09-83727

Sponsored By

Princeton Area Walkers AVA 776

"Walking all over New Jersey and New York City"



SANCTIONED
EVENT



Eligible for credit toward
IUU Achievement Awards