



Your membership dues are now payable. \$6 for an individual and \$12 for a family should be sent to

Membership, All Weather Walkers
PO Box 241
Vancouver, WA 98666-0241

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Volunteering – by Joe Titone

I'm active in both walking clubs (5 of them) and bridge clubs (3 of them). It seems to be a common pattern that a few members of each club do all the work. Not only is it necessary to have new blood doing some of the tasks, but also it's not right to ask the same people to continue doing the work.

As my AWW presidential term was nearing its end, I asked for volunteers to come forward for Vice-President, but not one person did even though I guaranteed that we only needed a name – no work would ever be expected of them! If each member volunteered just once a year, e.g. manning the start desk at one of our events (just 3 hours), we would not have to ask the same people over and over again.

This is a prelude to the fact that we need a person to oversee the YRE start box at the Fred Meyer at Chkalov/Mill Plain: Biddlewood YRE. I've volunteered to do this until someone else comes forward.

This is in addition to my other walking duties:

- a) President of a non-Volkswalk club
- b) maintaining the Wednesday and Weekend walking web sites
- c) helping all local clubs as needed with their web sites
- d) editing AWW, Wednesday Walking, and Weekend Walking pictures
- e) putting these pictures of various web sites
- f) maintaining the email lists for Wednesday Walking, and Weekend Walking

- g) developing new walks
- h) checking out walks for other developers
- i) working at walk events

While this may seem that I do it all, there are several others who do more than I do. So please volunteer to take over the Biddlewood YTE. I'd be happy to help you as needed.

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From: "Tom Baltes" tlbaltes@aol.com, our RD (or above)

1. NW Conference Link: The online registration link is now live at www.esva.online for the July conference. Sign up early and come be a part of the fun. Our AVA President David Bonewitz and his wife Mindy will be joining us and look forward to visiting with NW walkers.

1a. Conference Training: What training would you like to have at the conference? My commitment is to offer training opportunities, but I want them to match your needs. I hope to have some demos of the updated ESR system in preparation for the 2019 sanctioning. What else--map making, treasurer duties, trailmaster program, social media use, etc.?

2. Big Give 2018: This year's fund raiser opens for donations on 15 March and the big day is March 22nd. As Fund Development Chair, Nancy Wittenberg asked that our clubs and members consider a donation to AVA. As an incentive, Nancy is sponsoring a matching fund initiative to maximize donations for this major annual fundraising event. She also offered the step-by-step process for a Peer-to-Peer Fundraising tool she'll be using to reach out to non-volkssporting family and friends to ask for their support. It's completely voluntary, but anyone interested in using the P2P process let me or Nancy know and we'll forward some information. It's great that so many clubs and members donate, but even better if we can advertise our program and solicit donations from outside our limited circle.

3. Crazy Horse 2018: The Board has committed to staff a table at the event to help promote our program to the thousands of participants who don't realize who we are. If you plan to attend you might consider helping during a portion of either day. Let me know if you're available to help.

4. I wanted to share a link Mike Green, the Atlantic Region RD and IT guru developed. The link is:

<http://nodegreen.com/olsb/>

It has loads of information regarding the Online Start Box for users and hosts. Having used the OLSB, I find it an excellent step forward to supplement our fixed starting points with mobile capabilities.

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Next Meeting: Mar 13 - ALL ARE WELCOME! Details and map are now at <http://www.allweatherwalkers.org/static.htm> Sections that rarely change are also at this link: list of officers/valued associates, and Weekend Walking description.

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Club Events/Weekend/Wednesday Walk Calendar:

3/24/2018 - Frenchman's Bar - Vancouver Lake

4/14/2018 - ~~Lewisville Park~~ **cancelled**

8/18/2018 - Washougal Arts Fair

Group Walks: Wednesday Walks – 10:00 am

<http://www.vancouverusavolkssporters.org/Wed/wed.htm>

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Achievements: [please contact the editor with event and distance milestones](#)
Earl Bowen 1200 events

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Welcome to new members – none reported

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Jan Breneman's Corner:

Hats Off!

Our long-time loyal member, Jill McLain, was the walk monitor for the Fishers Landing YRE since its beginning, and then she traded tasks with Joe Titone and took over the Biddlewood YRE at the Chkalov Fred Meyer just off of I-205. Just recently, Jill “retired” from those duties and while Joe has stepped up

temporarily, this is an excellent chance for another AWW member to come forward and help out. Won't you be the one? Contact Joe or Janet if interested.

Let's all give a shout-out to Jill, who has long been an enthusiastic volkssporting advocate... thanks for your dedication Jill!

Frenchman's Bar / Vancouver Lake Walk

I hope to see you on Saturday, March 24, both volunteering and walking this spectacular path. It's a quiet, peaceful area for the most part, especially this time of year. Come enjoy some of Clark County's nature in two of its largest parks!

Full details are at http://www.allweatherwalkers.org/Weekend_Events.htm. You can reach me, Jan Breneman, at home 360/835-9686; cell 360/356-4220, or email janbreneman@gmail.com.

GREAT MOMENTS IN THE HISTORY OF FOOTWEAR

Sandals originated in warm climates where the soles of the feet needed protection but the top of the foot needed to be cool.

4,000 years ago the first shoes were made of a single piece of rawhide that enveloped the foot for warmth and protection.

In Europe pointed toes on shoes were fashionable from the eleventh to the fifteenth centuries.

In the Middle East heels were added to lift the foot from the burning sand.

In Europe in the sixteenth and seventeenth centuries heels were always red.

Shoes all over the world were identical until the nineteenth century when left and right-footed shoes were first made in the US.

High heels were worn by the upper classes in Europe in the seventeenth century.

Sneakers were first made in America in 1916.

The first lady's boot was designed for Queen Victoria in 1840.

Reprinted from *Walker's Pocket Companion*, Malcolm Tait, Pavilion Books, London UK, 2007, Page 112

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