



All Weather News
September 2015
<http://www.allweatherwalkers.org/>
Deadline for Oct news: Sep 24



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From: "Nancy Wittenberg" newittenberg@gmail.com, our RD

1. 2016 Starting Point Book (click [here](#) for fillable pre-order form) Pre-Order deadline no later than midnight, September 15 (Deadline necessary for Publisher).

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From: "Bonnie Tucker" pnwwalker@comcast.net

1. In case any clubs are wanting to schedule an event around free days in state parks, here are the dates for 2015.

Free days for 2015:

- » **September 26** – (Saturday) National Public Lands Day
- » **November 11** – (Wednesday) Veterans Day

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President's Corner: Joe Titone

1. Our Hidden Pathways of Camas walk was on 8/22 and had 123 walkers. We were hindered by a large amount of smoke in the air. The Ohls and I co-managed the event due to a last minute problem. Since the 3 of us are relative tyros at holding a walk, we were ably assisted by Dick and Barbara Baker and later on by Dar Parrow, president of the Cedar Milers. In addition to these 3, a big thanks goes to Liz Connors for managing all aspects of the trailer, Burt Paynter and Earl Bowen for excellent marking (commented on by several walkers), Nira lang and Cheryl Snodgrass, and Jill McLean and Bob Ellis. The Ohls took down both trails. We could not have done it without you.

2. We had to cancel our Lewisville walk due to unforeseen problems with the park.

3. The following came from Dick Baker: Tom Baltes has a good start on his bike ride across the United States. The article that appeared in the Columbian newspaper was on page 5. I recommend that you read his daily blogs and look at his photos. Our thoughts are with you all the way. Dick

From: Romana Paynter <romapaynter@yahoo.com>

I contacted 3 Columbian newspaper writers about Tom's bike ride across the US. Al Thomas is the writer who responded to me that he will follow Tom on his bike ride and post weekly write ups. In the Thursday, August 20, Columbian newspaper, Sports Section, Outdoors page Out & About, is the first article about Tom's ride. The title is Cycling odyssey.

Tom Baltes has started his bike ride across America. The Columbian newspaper will follow Tom on his bike ride and post weekly write ups in the Thursday Sports Section, Outdoors page Out & About. The first write up was Aug 20 with a heading Cycling odyssey. Tom's progress can be followed via his website at www.tombsbikeride.wordpress.com

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Next Meeting: Sep 8 - ALL ARE WELCOME! Details and map are now at <http://www.allweatherwalkers.org/static.htm>

Sections that rarely change are also at this link: list of officers/valued associates, and Weekend Walking description.

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Club Events/Weekend/Wednesday Walk Calendar:

Sept. 26, 2015 Lewisville Park - **cancelled**

Group Walks: Wednesday Walks – 0930 am
<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking - <http://home.comcast.net/~titone7604/weekend/weekend.htm>

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<p>Sept Birthdays: Paynter, Romana 9/12 Baltes, Louise 9/16 Paynter, Burt 9/17 Titone, Joe 9/22 Eaton, Julie 9/24</p>	<p>Achievements: please contact the editor with event and distance milestones none reported</p>
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Welcome to new members – Jolyn Plough



Jan Breneman’s Corner: HOW TO TIE LACES

1. Take one shoelace in one hand, the second lace in the other and hold both of them straight up. Then crisscross the laces over each other to make a big X.
2. Fold one lace over the other and pull that lace through the bottom half of the X; then pull both of the laces tight until they lie nice and flat against the shoe.
3. Make two loops, one with each shoelace.
4. Make an X with the loops, holding the center of the X in place with your thumb and finger.
5. Fold one loop over the other (as you did with the first X) and pull that loop through the bottom half of the X. Now pull both loops tight through the hold to form a bow.
6. Step out with confidence.

Reprinted from Walker’s Pocket Companion, Malcolm Tait, Pavilion Books, London UK, 2007, Page 91.

