



All Weather News
November 2014
<http://www.allweatherwalkers.org/>
Deadline for Dec news: Nov 24



From: Nancy Wittenberg <newittenberg@gmail.com>, our RD

1. New Executive Director: AVA President, Dennis Michele announced that he has hired a new ED, Henry Rosales, who begins work December 1. The NEC at its January meeting will have a chance to meet Mr. Rosales and will confirm his hire at that time.
2. The motion to change the Trail Rating System that was submitted by Interlaken Trailblazers, but not sent out to clubs, was approved, but the mention of high altitude was removed in 5. The rating system will now be nearly identical to that used in Canada, and will be effective when it appears on the AVA website and Policy Manual. It will be very important for clubs to have complete event descriptions that describes the trail, significant start elevation, and steepness of any hills.
3. Holly Pelking, Vice President announced that everything is a go for the online registration trial by California clubs and will start in January. They are now readying the postcard which will be a postcard with sufficient event stickers for record books. The stickers are of a type that can't be removed once in place and have a readable "Q" code.

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From: Diane Hildebrand, deh13@comcast.net (ESVA)

Here is the 2015 list of challenges for local and national challenges. Please share this with your POCs to add to their registration book. ALSO, since AVA now wants the national challenges to be honored for 1 year after their last sale date of books, please ask the POCs to keep the 2014 challenge list in with the 2015. Please continue this practice year to year, taking out the 2 year old list and adding the new list, so they will always have the current listing and a one year old listing. [2014 & 2015; 2015 & 2016: ...

and Burt Paynter (Area 7 Coordinator)

Diane has asked that I forward to you the updated Challenge List for 2015. While I'm at it, I'm including the list I made for myself (2015AVA_ESVA cklstrev.doc). I built on the ESVA list adding a short description of what the challenge is about. It's hard to make this description entirely accurate with the space available, but it serves as a reminder & a help to identify what might qualify for the challenge.

The other thing I have in my list on the 2nd page is a listing of the AVA Special Programs {challenges} which will end in Dec 2014, but which we need to continue to list for our events because the participants have until the end of 2015 to complete them.

WALK NAME [include City and YRE/Seasonal NUMBER]				
WASHINGTON STATE SPECIAL PROGRAMS Ending date is for sale of books. Patches will be distributed until they are gone.				
39 COUNTIES	[Ongoing]	Complete a walk in each of WA's 39 counties		
ALL CLUBS	[Ongoing]	Complete a walk sponsored by each of WA's clubs		
PARKS [2012-2014]	CITY - CI	COUNTY - CO	STATE - WA	NATIONAL - US
RESTAURANTS [2014-2016]	ASIAN - AS	EUROPEAN - EU	MEXICAN - MX	AMERICAN - AM
WOMB TO TOMB [2015-2017]	BIRTH (Hospital, etc.)	SCHOOL (K>12)	VOWS (Church, City Hall, etc.)	DEATH (Cemetery, Funeral Home, etc.)
AVA SPECIAL PROGRAMS in WASHINGTON STATE Please note distances qualifying for challenges (ie. 5K 10K)				
50 STATES/51CAPITALS	[Ongoing]	States & Capitals are separate		
WALKING THE USA from A - Z	[Ongoing]	Cities starting with A thru Z		
ALTERNATIVE CAPITALS	[2014-2016]	Former Cap. Cities, Bldgs., etc.		
AMPHITHEATERS	[2015-2017]	Non-commercial amphitheatres		
ANIMAL SAFARI	[2015-2017]	Feature or site w/Animal name		
BOARDWALKS	[2015-2017]	Boardwalk – min 25' in length		
BORDER CROSSINGS	[2014-2023]	Cross State or Internat'l Border		
CITIES IN SONG	[2014-2016]	Communities mentioned in song		
CIVIL WAR BATTLEFIELDS	[2013-2015]	Combat, Skirmish, Raid, Shots		
FOOD FOR THOUGHT	[2015-2017]	Food related name of site/feat.		
FRATERNAL ORGANIZATIONS	[2013-2015]	Fraternity, Sorority, Civic		

		Org.
HONORING OUR FLAG	[2014-2016]	Cloth Flag on at least 10' pole
LAKES & RESERVOIRS	[2014-2016]	Walk past lake or reservoir
LOUISIANA PURCHASE	[2015-2018]	Walk the 15 states w/in the LP
NAT'L REGISTER - HISTORIC PLACES	[2014-2016]	Walk past places on Nat'l Regis.
OLD SPANISH TRAIL	[2013-2015]	States along Spanish Trail Hwy.
TREKKING WITH TREES	[2014-2016]	Tree name in city, street, place
VOLCANOES	[2015-2017]	Volcano, past/pres, on route
WATER TOWERS	[2014-2016]	Walk past water towers
YOU'LL NEVER WALK ALONE	[2014-2016]	Person-like named places
SPECIAL NAT'L OFFICER BOOK	[Ongoing]	Stamps of Nat'l Offs or RDs

Revised

08/16/2014

AVA Challenges expiring Dec 2014

AMERICA'S BAKERIES	[2012-2014]	Family-Owned Bakeries
AMERICA'S MURALS	[2012-2014]	Historic, Local, Cultural – 8'x8'
CLASSIC AMERICAN DINERS	[2012-2014]	Classic Bldg. or "Diner" in Name
GOLDEN CINEMAS	[2012-2014]	Classic Theater – Hist. or Cur.
MAIN STREET	[2012-2014]	At least 1 block on Main Street
OVER THE RAINBOW	[2012-2014]	Color-Named Place
WORKS PROJECT ADMIN. (WPA)	[2012-2014]	Anything to do with WPA work



President's Corner: Joe Titone

1. Thanks to Leah and Jean for chairing our very successful Ridgefield Birdfest Walk. These walks would not be possible without our great volunteers who perform a variety of necessary tasks – thanks to them also. Carol Jensen sent the following: Just a note to say that the Ridgefield Walk was really good. Jean and Leah did a great job organizing - they are to be commended. Thanks for the pictures.

The pictures were taken by non-member Starr McKee and were previously distributed. Here's what Leah said: Nice Pictures! Thanks to whoever took them!

2. All members should consider coming to our December 9th meeting. It's our annual cookie party at which everyone brings a selection of cookies. Those that are not eaten are distributed to our starting points as thanks for their hospitality.



Ridgefield's BirdFest and Bluegrass Celebration

On Saturday, October 4, 2014, All Weather Walkers sponsored a 10K/6K event to coincide with Ridgefield's BirdFest and Bluegrass celebration. The morning started out chilly but around 11:00 the sun was high in the sky and warming the hearts and bodies of all 137 registered walkers. As the walkers started returning we heard lots of comments: "great marking", "beautiful walk", "there sure were a lot of hills"! Yes, Ridgefield does have their share of hills, but views of the wildlife

refuge, a wooded trail, historical old homes and churches as well as upscale homes and neighborhoods seemed to soften the memories of the sometimes difficult stretches of uphill climbs.

No walk ever goes un-challenged and ours was no exception. Just a few days before the event, we discovered fencing around and through part of our route along the river. With a number of phone calls and a trip to the site, we found out that the Port of Ridgefield was having some river dredging done and equipment to do this would be arriving within days. Fortunately we located the project manager who was very helpful. He gave us his phone number in case the gates were locked. If there wasn't going to be a crew available on the day of our event, he would give us the padlock combination. As luck would have it, the crew was there and the gates were open.

We were blessed with a very successful event, but none of this could have been possible without our willing and committed volunteers. First and foremost we would like to thank Jan Breneman for her hours of work on the brochures, directions and walking the route with us numerous times (with wheel) to be sure we were accurate. You are such a trooper Jan and we so appreciate you! We also want to thank her and Steve Brewster for their great **Trail Marking**. Kudos to you both!!! Earl Bowen and Dan & Julie Eaton were our early bird **Trail Checkers**. We are so grateful that the three of you (along with Liz Conners who brought the trailer) were willing to get up before the chickens to help us. **Registration/Start Table** was managed by Dick & Barbara Baker, Barbara Salem & Carol Jensen. You all did a great job keeping everything straight and in order. Our **Check Point** volunteers, Don & Stacy Moeller, Vic Townsend & Barbara Salem did a super job having fun stamping the little paw prints on walkers' cards. I heard that there was a little "artistic competition" on the location of the stamp mark placement. :0) We hadn't counted on an invasion of mosquito's this time of year, but with an emergency can of fogging bug repellent, they(volunteers not mosquito's) survived. Thanks you guys! The **Finish Table** was managed by Steve Brewster and Liz Conners. Both had volunteered another duty so we really do appreciate your dual roles. Last but certainly not least is a big thank you to Tom & Louise Baltes for their willingness to **Trail Sweep** and return the trailer to it's storage location. A little bird told me that they both took time to enjoy a fruit smoothie made by one of the vendors in Ridgefield during the day's events. Smart!! As co-coordinators,we are very grateful to each and every one of you who so willingly came to our aide. It was a long day for many of us but we felt good about the positive results, and we believe everyone had a good time.

Leah Townsend & Jean Moeller

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Next Meeting: Nov 11 - ALL ARE WELCOME! Details and map are now at <http://www.allweatherwalkers.org/static.htm>

Sections that rarely change are also at this link: list of officers/valued associates, and Weekend Walking description.

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Club Events/Weekend/Wednesday Walk Calendar:

July 11, 2015 North Bonneville (Gorge Days)

Aug. 22, 2015 Camas Hidden Pathways

Sept. 26, 2015 Lewisville Park (**we need someone to chair this walk**)

Group Walks: Wednesday Walks – 1000 am

<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking - <http://home.comcast.net/~titone7604/weekend/weekend.htm>

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Nov Birthdays: Lang, Nira 11/11 Patalinghug, Arlene 11/25 Goodlett, Bonnie 11/26	Achievements: please contact the editor with event and distance milestones none reported
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Welcome to new members – none reported

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Jan Breneman's Corner: **IF THE SHOE FITS...**

To find out if your walking shoes fit properly, trace the outline of your foot on a piece of paper and cut it out, suggests the American Academy of Orthopedic Surgeons. If the paper cutout doesn't fit flat in the bottom of your shoe, it's time to find a more forgiving pair.

Reprinted from *Walker's Pocket Companion*, Malcolm Tait, Pavilion Books, London UK, 2007, Page 77.

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