



From: Candace Purcell Interim Executive Director/Financial Director
candy@ava.org

The 2013-2014 Walk-Together Patch

The Girl Scout Walk-Together patch for 2013-2014 is available for events starting in September, 2013. The patch design came from Sydney Vokes, troop #813, Girl Scouts of Southern Illinois Council. Debbie Kruep, President of the Illinois Trekkers Volkssport Club arranged with the Girl Scout council to hold the patch contest.

The Walk-Together Patch is not an award that people earn by walking for credit. It is a for-sale item. This means that Girl Scouts, girls and adults, who walk with AVA clubs at either a traditional event or a year-round/seasonal, may purchase the patch even though they walk for free or pay the non-IVV fee. They do not need to walk for credit to earn the patch.

If holding a traditional event, the patch can be ordered from AVA on consignment so clubs are not burdened with paying for patches they can't use **GS Consignment Order Form**. **Please be conservative** with your patch orders. AVA must purchase the patches based on club need estimates. Last year, clubs returned several hundred of the patches so that this year HQ has reduced the number of patches purchased to 300 to prevent over ordering.

The AVA sends the patches with a Girl Scout Patches Consignment form. Clubs should return the form with the count of patches sold, and the unused patches along with the stamp for the walk. Patches are available on consignment for a scheduled group walk of a year round or seasonal as well. The AVA will bill the club for patches used. The price for the patch is \$2 each. Call or email AVA national headquarters to order patches and indicate what walk they are for. If clubs want to have patches on hand for Girl Scouts who walk their events - traditional or year rounds/seasonals - they may purchase the patches ahead of time. Purchased patches may not be returned.

Please remember that unless the club is working with a local troop directly, Girl Scout councils need a great deal of lead time to publish events. It is still summer and most troops are not active until the fall. It would be a good time now for clubs to contact local councils about walks they might be planning for winter or spring. Also most Girl Scout councils are very large, so the Walk-Together activity may only be appropriate for a local area. Visit the AVA website under Special Programs/Youth Programs to see more information about Walk-Togethers. It includes a downloadable .pdf format copy of a Walk-Together brochure which explains the process of arranging for walks for Girl Scouts.



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From: Nancy Wittenberg nwittenberg@q.com (our Regional Director):

1. **From:** Debbie Brown [mailto:debbra.brown@gmail.com]

Sent: Tuesday, July 30, 2013

Subject: Cannon Beach YRE 434

Effective Today (July 30, 2013) The registration materials are now in a small, black, vinyl portable file case by the computer to your right as you enter Tolovana Inn. The hotel asked us to remove the 2 drawer wooden file cabinet. Since the

vinyl case is not secure, **participants will now need to mail the Cannon Beach participation fees to the club** or the fee envelope can be left in either Astoria or Seaside start locations.

Debbie Brown, Treasurer. Turnaround Trekkers

2. **From:** Sandi Severtsen [mailto:severtsens@aol.com]
Sent: Tuesday, August 06, 2013
Subject: store closing for Shoreline YRE #1390

Just found out that the Shoreline Haggens Pharmacy and Food store is closing. I will have to move the YRE box for walk #Y1390 effective 8/15/13. New location: Walgreens, 17524 Aurora Ave. N, Shoreline, WA 98133
I-5 exit #176 /N 175th, northbound Left, southbound Right, onto 175th. Right on Midvale Ave. Left to Walgreens parking lot.

3. **From:** Allan Heritage agheritage@hotmail.com
Sent: Monday, August 12, 2013
Subject: Temporary Closures

The Pullman/WSU Walk and the Moscow. ID/U of I Walk are closed until a new start point can be located (Denny's in Pullman closed). -- Allan Heritage, LCVA

4. **Participation Numbers by Region:** Again, the NW region has 25% through 2nd quarter of all the participants in the country. By region:

Atlantic: 8085
Mid America 2542
No. Central 2639
North East 2701
North West 13,059
Pacific 7782
Rocky Mtn 1362
So. Central 3281
South East 6754
South West 4120
Total 52325

Everyone back east says it's because of our nice weather. But isn't Winter also great in the south?

5. **NW Regional Conference Registration is open:** You can now register for the NW Regional Conference to be held at Portland State University June 23-28,

2014, right after the Columbia Gorge Walks. Go to <http://www.walkoregon.org/conf/nw2014.htm> and click on the links for housing and registration. See the video there as well.

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President's Corner – Joe Titone

1. I'll continue to discuss declining attendance at our events. One of the problems with any large organization is growth or at least to stem declining attendance. Volkswalking is not alone. I'm also active in tournament bridge which has many of the same problems as the AVA. However, many new voices are innovating new ways to keep the American Contract Bridge League vital.

The AVA has not been so forward looking, and there is much resistance to change. Recently I received a complaint from a club president that we had scheduled a Weekend Walk in Hillsboro when there was a traditional event in Sisters. This really took me by surprise because when we started Weekend Walking, I discussed boundaries with Wendy Bumgartner and she recommended Longview to Salem and North Plains to the Gorge. Later, when Sam Korff became RD, we agreed to extend this to Eugene and the Coast. I've never been to Sisters, but I'm told it's about a 3 ½ hour 1-way drive. Here's the complaint:

I was really disappointed to see the Hillsboro walk scheduled when there was another sanctioned walk on Saturday. The clubs in the outback need the support of the big city walkers.

Here's what I wrote back to the person who complained:

Are you referring to Clear Lake Falls Walk? If so this is not nearby. How many hours drive is it from here? I know that Eugene is 2 hours one way and I never drive that far.

When we first started these walks, we agreed not to schedule when something was happening as far North as Longview, as far South as Salem, as far East as the Gorge, and as far West as North Plains. I myself extended the zone to the Coast and to Eugene. I've copied our RD for direction, but I consider the current limits to be reasonable. We had 13 on Sunday - four of whom had never heard of Volkswalking. I'm sorry you consider Sisters to be nearby, and in the future I will observe whatever limits the RD recommends.

If the AVA is going to survive we need to be more flexible. We have been told

that we're ruining Volkswalking by scheduling group walks. Would you rather we have no walks at all? I assure you that practically everyone who came to the Hillsboro walk would not have gone to Sisters instead.

I hope the above doesn't sound too strong. We know each other, and I certainly respect you and your infectious enthusiasm. In any case let's let Nancy decide what's reasonable.

Since I haven't heard back from our new RD, we'll continue scheduling these walks as we have. AVA must continue to develop new ways to attract new walkers and have events that attract more than those who are already committed. I'll continue talking about this next month.

2. We all should thank Tom Baltes for stepping forward and volunteering to be our Treasurer. I believe this position is harder than all the other officer positions combined. We've all been impressed with his enthusiasm and innovative ways. THANKS, Tom!

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Next Meeting: September 10 - ALL ARE WELCOME! Details and map are now at <http://www.allweatherwalkers.org/static.htm>

Sections that rarely change are also at this link: AWW Challenge information, AWW Challenge results, list of officers/valued associates, and Weekend Walking description.

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Club Events/Weekend/Wednesday Walk Calendar:

Saturday, May 24, 2014: Tenny Creek Walk from Vancouver Church of God (King's Way Chr. Sch.)

Group Walks: Wednesday Walks – 0930/1000 am
<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking
<http://home.comcast.net/~titone7604/weekend/weekend.htm>

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September Birthdays: Titone, Joe 9/22 Eaton, Julie 9/24 Kott, Jamie 9/30	Achievements: please contact the editor with event and distance milestones none reported
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Welcome to new members – none reported

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Jan Breneman's corner:

Fairway Village a Total Success

Our walkers were more than surprised at all the activity at New Seasons Market on July 27. Until just a few days beforehand, I had no idea that the entire shopping center was planning a large sidewalk sale on the day of our walk. It could have been “just another day,” but the merchants and tents added a lot of interest and our 130+ walkers from near and far were happy to browse along the start and end of their walk. The youth percussion band was stationed right next to us in the afternoon and it got a little loud, but they actually sounded pretty good – and the kids were having a blast!

Of course, no event is successful without a great route, fabulous weather, and – most importantly – expert volunteers! Among those were Joe Titone and Nira Lang, who advised in flushing out the final route months in advance; Linda Barneson and Mary McMonegal (Trail Markers); Liz Connors, Earl Bowen, Don Webb, and Jimmy Smith (5k/10k Trail Checkers); Joan Heins and Jill McLean (Checkpoint); Jean Ohl, Jean Moeller, and Barbara Salem (Registration); James Ohl and Leah Riedel (Start Table); Nira Lang, Pat Gorman, and Cheryl Snodgrass (Finish Table); Burt Paynter (Trail Sweeping); and Dick Baker and Barbara Baker handling the ESVA meeting arrangements. With all the willing and able help from everyone, my stint as Event Chair was a breeze – THANKS!!

As a Start Point, the New Seasons market couldn't have been more helpful. Their manager and all the people we dealt with were more than enthusiastic. As a walk chair, never before have I had a start point call me a week in advance to let me know they were ready to welcome AWW and our walkers. And they really took us under their wing on the event day, providing a shelter for our tables, free coffee service, and constantly checking on our needs. With all the attention, it felt like “All Weather Walkers” was a major celebrity today!

More good news – the route initially began as a possible change to our Year ‘Round from Fred Meyer well over a year ago, then developed into an event associated with the ESVA meeting... and now it is going back to its roots as the new YRE route from Fred Meyer next year, as originally planned. So if you liked this route, or even missed it in July, you’ll have plenty more chances before too long.

Three Lakes Coming Up

In a few days, our last AWW sanctioned event of the year will be upon us. On Saturday, September 7, we’ll once again play host to our fellow volkssporters in the region. This route stemmed from an old evening walk held in the early 90’s, before Heritage Park was built, before the controversial Lacamas Shores development went in, and Lake Road was a two-lane country bumpkin. Fallen Leaf Lake was ill-named Dead Lake (and still is on many maps), and the baseball park and trails were barely recognizable.

The current route is VERY different and you’ll see plenty of new and interesting territory. Unlike the recent North Bonneville and Fairway Village events, the Three Lakes walk is much more challenging. A couple of short hills factor in, and the rough trail coming down around Fallen Leaf Lake, as scenic and woodsy as any in the nearby Columbia Gorge, is rough and rooted, requiring careful footing. However, Joe Titone helped to design a much flatter 5k that incorporates a portion of all these premier lakes. I hope you get to enjoy it however you are able. All the details are on the AWW website – I hope to see you all there/

EAT MY SHOES

When ballerina Marie Taglioni danced her final ballet in Russia in 1842, a group of St. Petersburg fans cobbled together 200 roubles for her dancing slippers, cooked them up and then ate them with a special sauce.

Werner Herzog eats his Shoe is a 22-minute film of the German film director... eating his shoe. Werner Herzog unwisely told his student Errol Morris that if a successful documentary on pet cemeteries was ever made he would eat his shoe. When Morris presented the film, Herzog fulfilled his promise. He sautéed his shoe in a broth of garlic and spices and ate it in front of an audience, where it was, predictably, filmed.

CNN broadcaster Tucker Carlson vowed to eat his shoes if Hillary Clinton’s published memoir *Living History* sold more than one million copies. On hearing of her success he vowed to keep to his word adding ‘I’m going for slip-ons, nothing with laces’. A number of Manhattan chefs offered to cook them up for him and

suggestions included deep-fried sole and lace linguine, sweat and sour sauce and Tiramishoe.

In *The Gold Rush* Charlie Chaplin plays a lone prospector who travels to Alaska to dig for gold. On Thanksgiving he was forced – from starvation – to boil and eat his boot. Chaplin simmered it as if he was producing a five-star feast, carving and filleting it and then pouring on a watery gravy. He treated the sole as a delicacy, twirled the laces like spaghetti and sucked the nails as if they were chicken bones. Everyone laughed.

In 1996 installation artist Yu Xiuzhen staged an exhibition in Tibet which included pairs of shoes arranged all over a hill, each one filled with butter.
Reprinted from *Walker's Pocket Companion*, Malcolm Tait, Pavilion Books, London UK, 2007, Page 64.

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Following are the 2013 State Parks “free days”:
Sept. 28 National Public Lands Day
Nov. 9 through 11 Veteran’s Day weekend

A Discover Pass will still be required on these days to access lands managed by the Washington State Department of Natural Resources and the Washington Department of Fish and Wildlife.

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