



Two AWW members receive OTSVA's highest award: OTSVA Flame Awards

#### CITATION

**Dick Baker and Joe Titone:** This is a “dual nomination” for Individual Excellence.

Both of these men have for many years taken their time to insure volkswalkers on Wednesdays have the opportunity to walk as a Group, whether it is nice or foul weather. They have always given the Group on Wednesdays an enjoyable adventure, and walk wherever they might be walking that day.

They also take it upon themselves to plan and organize other walks during the off season and especially try to get as many volkswalkers as possible during the winter months with exciting scheduled walks. Additionally, Dick Baker walks his talk and then some. He works locally, regionally, and nationally. The Columbia River Gorge walks, special Wednesday sanctioned walks, Sunday Parkways, as well as other Walks are under his personal supervision. He also coordinates with The Northwest Pathfinder.

Additionally Starr McKee received an award.



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From: Nancy Wittenberg [nwittenberg@q.com](mailto:nwittenberg@q.com) (our Regional Director):

1. **From:** neil.smith@comcast.net  
**Sent:** Monday, July 08, 2013  
**Subject:** Sound Steppers YRE change

Pass the change along that the Edmonds Meadowdale Beach YRE Y396 had to be moved due to construction. New location 7500 196th SW Edmonds QFC store. New route and new name Five Parks. The other YRE Y1913 from Edmonds Harbor Square Athletic Club remains at the same location.

2. Sorry about the short notice regarding the change of address for our starting point for two of our YREs. The two events are:

1. Vancouver - Heights Neighborhood, Y0116 (Sanction # 93223)
2. Vancouver - Burnt Bridge Creek East, Y0362 (Sanction # 93222)

The starting point will still be the Starbucks store on E. Mill Plain Blvd., but it will move about 2 blocks east of the old location. The new address is: 8302 E. Mill Plain Blvd. The effective date of the relocation is July 18, 2013.

Burt Paynter, President, Vancouver USA Volkssporters

3. Milwaukie, OR, Old School Short Cuts YRE 0389 - Note change in Start Binder location: 3300 SE Dwyer Drive, Milwaukie, Oregon 97222. Start Binder is located in a desk drawer, this is near the door marked 2N114 - Medical Staff Library.

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President's Corner – Joe Titone

1. The ESVA wishes to thank Earl Bowen for his years of faithful leadership as Southwest Area Coordinator. Unfortunately, he has had to resign because his work schedule no longer allows him to do this important job. We are happy to announce that Burt Paynter is available to finish out Earl's term through June 30, 2014.

2. Last month I began to discuss declining attendance at our events. The AVA is very concerned about group walks interfering with attendance at events. I just sent the following to our RD:

*You probably know that Dick Baker and I are very involved with scheduling and*

*leading group walks which are always YREs. I assure you that we are very careful to not schedule these walks when there is any event remotely nearby. We have always cancelled any group walk that results in a conflict with a later scheduled event.*

*We use these group walks to make walking available at times when no events are scheduled - sometimes there are no events for weeks. E.g., for the last 3 Januarys, a month when there are usually no events, we had group walks scheduled for every Sat+Sun resulting in a total of 300 more YRE walkers across 8 clubs.*

*It also should be noted that the same people are doing most of the work and as we age, this gets less inviting. It takes about 200 person-hours to prepare and hold an event. I can schedule a group walk in 15 minutes. AVA needs to be more flexible if it wishes to attract large numbers of new walkers.*

At both our Wednesday and Weekend group walks, we attract people who would not normally ever attend an event. There are reasons they don't attend:

- a) they don't know about them but become aware by talking to members of the group
- b) they work on weekends
- c) they want to be with a group especially in remote areas, etc.

We've attracted many additional walkers through these group walks and made many new friends. Next month I'll discuss some possible strategies about the future of AVA walking.

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Next Meeting: August 13 - ALL ARE WELCOME! Details and map are now [at http://www.allweatherwalkers.org/static.htm](http://www.allweatherwalkers.org/static.htm)

Sections that rarely change are also at this link: AWW Challenge information, AWW Challenge results, list of officers/valued associates, and Weekend Walking description.

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### **Club Events/Weekend/Wednesday Walk Calendar:**

2013: September 7, Camas Three Lakes

Group Walks: Wednesday Walks – 0930 am  
<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking  
<http://home.comcast.net/~titone7604/weekend/weekend.htm>

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August Birthdays: Baker, Barbara 8/3 Luetkenhaus, Nikki 8/7 Galbraith, Cindy 8/20 Whiteman, Carol 8/24	Achievements: <a href="#">please contact the editor with event and distance milestones</a> none reported
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Welcome to new members – Don Webb (returning member)

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Jan Breneman's corner:

Cape Horn Hike. I joined a group hike with the Friends of the Gorge on July 16, the first day the full loop (and our AWW Seasonal) opened. It was a hot, humid beginning for the most difficult first mile, but clouds formed and a welcome, gentle breeze came up around noon and lasted for the remainder of the day.

Along the way, *Gorge Towns to Trails* Project Manager Renee Tkach and USFS wildlife biologist Cathy Flick regaled us with past stories about the trail's development and future plans. This trail has undergone several re-routes in the last few years – and changes continue. This year the railroad asked that the trail avoid a bluff above the train tracks outside the western-most tunnel for security reasons. On one hand, this also eliminates the spot where a 1930's bootlegger's still and a river light beacon once stood. (You can still see metal footings today.) On the other hand, this re-routes the trail around the first rock scree field... Yay! For some reason, those challenging rock fields didn't seem quite as hard as before – could I actually be in better shape these days?!

I was very interested in the new bridge installed last fall in front of Cape Horn Falls and wasn't disappointed. It's a very simple, single-file wood structure and allows for a better overall view of the falls... although on this warm day, I did miss the cool spray we used to get from walking behind it.

Last year this hike drew 37 participants and it remains to be seen how active this seasonal walk will be this time. The length and difficulty make this hike appealing to only a select few. But for those who want a more peaceful stroll, there is a nice out-and-back 5k down Cape Horn Road to the emerging trail, and an extra 1k to Cape Horn Falls for a bit more of a challenge. For more info, contact Jan Breneman, 835-9686 or [breneman@pacifier.com](mailto:breneman@pacifier.com).

## **RAMBLING RIDDLE**

### **A Man Walks into a Bar...**

...and orders a drink. The bartender gives him his drink, along with a bowl of peanuts. As the man dips in for a nut, a voice comes from the peanut bowl. 'Wow, you look fabulous tonight!' it says. 'Great hair, great aftershave... a class act all the way!'

The man is a little confused, so he gets up to get some cigarettes from the machine. He puts in his money, and another voice says: 'Hey, dorkhead. You gonna foul up the air around me any longer? Shoulda stayed at home, you should, with a face like that.'

The man reels backwards, and asks the barman what on earth is going on. 'Didn't you see the signs, sir? The peanuts are complimentary, but the cigarette machine is out of order.'

Reprinted from *Walker's Pocket Companion*, Malcolm Tait, Pavilion Books, London UK, 2007, Page 63.

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ESVA meeting/Fisher's Landing walk

July 28, 2013

To Marta, Leeann, Debra, and all the crew at New Seasons Fisher's Landing Store:

From beginning to end, All Weather Walkers received rave reviews about our volkswalk this past Saturday. THANK YOU so much for your help in making it a success! Everyone enjoyed the comfortable start point, as well as the fresh route through neighborhoods in Fisher's Landing and the eastern end of Cascade Park. Everyone we dealt with – including each of you – were all extremely helpful whenever we needed it.

Many walkers were happily surprised with the bustling sidewalk sales, and did a lot of browsing as they began and ended the walk. It was obvious that both our walkers and local neighbors alike benefitted from your hugely successful efforts. The youth percussion band was very talented and provided another level of festival atmosphere in the afternoon.

Over 130 walkers participated, who were not only from the greater Portland-Vancouver metro area, but also from the Olympia, Seattle, and eastern Washington vicinities. Everybody was more than happy with the walk route, complimentary coffee, and the facilities that New Seasons kindly provided during the day. The fact that Mother Nature contributed with cool morning temperatures and afternoon sunshine was another happy bonus!

Again, many thanks for your help, not only with your quick agreement months ago to being a start point for our walk, but also during the event day itself. All Weather Walkers appreciates your genuine hospitality, community spirit and heartfelt enthusiasm!

Happy Trails!

Jan Breneman, Chairperson,  
Fairway Village Walk Event  
All Weather Walkers

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Following are the 2013 State Parks “free days”:

- Aug. 4 Peak season free day
- Sept. 28 National Public Lands Day
- Nov. 9 through 11 Veteran’s Day weekend

A Discover Pass will still be required on these days to access lands managed by the Washington State Department of Natural Resources and the Washington Department of Fish and Wildlife.

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