

# All Weather News February 2012 http://www.allweatherwalkers.org/ Deadline for Mar news: Feb 24

All Weather Walkers
Attn: Treasurer
PO Box 241
Vancouver, WA 98666-0241

It's not a mystery address. AWW membership is on a calendar year basis. Please send your renewals to the above – \$6/single, \$12 family. AWW helps you keep informed of walk schedules, as well as motivating you to stay healthy, enjoy our many local trails, and WALK.

In recent years, we've had more and more group walks. Some of them are listed below under Wednesday and Weekend Walking. It's an excellent way to meet other people and walk without having to worry about staying on the route. AWW personnel are instrumental in scheduling and leading these walks. We always have a 5K option, and often there are two 5K groups – one at regular pace and one at a slow pace.

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From: WILLIS KORFF <a href="mailto:korffs@wildblue.net">korffs@wildblue.net</a> (our Regional Director):

- 1. The Tumwater YR walk 1743 is closed until further notice (storm damage).\
- 2. It would be wise to check with the Points of Contact before traveling to **any** of the Western Washington YREs and seasonals.
- 3. AVA has hired a Marketing and Publicity Director. His name is Chuck Bischle (pronounced Bishy and using his words sounds like fishy). His resume shows him to be very well qualified for the position. Performance standards are being developed for the position.
- 4. Trailmaster Certification is authorized. A 3" x 3" patch will be issued to those who are certified. A Certificate of Service signed by the AVA President will be issued as well. It has been approved that I can certify people with all, any part, or

none of the examination. This requires that Regional Directors know the skills of those in their respective regions. If you would like to be certified as an AVA Trailmaster, please let me know.

- 5. The Ad Hoc Committee for The Starting Point completed its work. The following (one of several items) recommendations were made:
- a) Keep The Starting Point in its current format (to include spiral binding) at least for 2013. Between now and 2014, more technologically sound methods may be better researched and a plan for implementation prepared.

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President's Corner - Jan Breneman

## PREZ SEZ

Much like email and club websites took volkssporting by storm in the last decade or two, now social networking – and there are dozens of sites! – is putting the pressure on. Several months ago, I reluctantly entered the Facebook era, but have largely been inactive except for an occasional brief look or note. When Liz Connors set up an All Weather Walkers' Facebook page a while back. I put up a note for the Ridgefield Walk in August, but again, have been too distracted to pay more attention lately. Time to get serious! Is someone willing to monitor the site and keep things current? Please give us any suggestions and comments!

Sam Korff just got back from a National Executive Council meeting in Texas with a jam-packed agenda and just sent out his report. In short: we still have Free Walkers, a new Club 104 program will be starting next year, still no hosted YREs, Special Event Programs (now named Special Programs) and local challenges have some changes, and several committees have been (or will be) formed to iron out some other issues and ideas. The full report has been shared with the AWW Board and is available to anyone else who is interested. Just let me know.

Head's up – the Washougal Start Point at Papa's Ice Cream has decided to close on Sundays during the winter. A note is on the AWW website, at AVA headquarters, and on the walk details at the AVA website. It should change again sometime in early spring. In the meantime, it's a good idea to call ahead if

possible anytime there's some doubt of a walk event's status, or a possibility a start point might have changed.

Few people have picked up on the fact that each year, our YREs formally end on December 30, to give our monitors one day's flexibility to change the stamps and tidy things up. Phyllis Clancy took this a giant step further at the end of December – taking the whole box home, relabeling the folders and send the entire box through the dishwasher! Now THAT's going above and beyond the Call of Duty! © Thanks for your extra efforts, Phyllis!

#### THE PEDESTRIAN CODE OF CONDUCT

The rules about which side of the road people drive on are clear, but there are also "rules" that govern how pedestrians behave in relation to each other. These pedestrian rules are not usually codified in law but form a sort of "standard practice" which many people are not even consciously aware of until they travel to a country with a different standard practice and end up bumping into the locals.

## Keep left:

- People in Japan keep left when walking.
- There is a vague tendency to keep left in Australia and New Zealand.
- In Hong Kong there is also a slight tendency to walk on the left.

# Keep right:

- Keeping right is the normal practice in the U.S. and Canada.
- France also keeps to the right.
- Pedestrians in Taiwan keep right.

## No preference:

The United Kingdom seems not to have a preference as to which side of the path to use when walking.

This doesn't mean that the British bump into each other. They don't tend to use single-file traffic, but they still manage to negotiate their way effectively using body language, eye contact, and other cues to signal their intentions and notice others' intentions.

Reprinted from *Walker's Pocket Companion*, Malcolm Tait, Pavilion Books, London UK, 2007, Page 40.

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From\_Norman Haller of the Ospreys: 24 Clever Ideas to Make Life Easier



Hull strawberries easily using a straw.



Rubbing a walnut over scratches in your furniture will disguise dings and scrapes.

#### To be continued---

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Next Meeting: Feb 14 - ALL ARE WELCOME! details and map are now here

Sections that rarely change are also at this link: AWW Challenge information, AWW Challenge results, list of officers/valued associates, and Weekend Walking description.

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## **Upcoming Club Event/Weekend/Wednesday Walk Calendar:**

March 25 - Pinebrook/Cascade Park May 26 - Pacific Park July 21 - Camas History October 27 - Cedar Creek Grist Mill

Group Walks: Wednesday Walks – 10am

http://home.comcast.net/~titone7604/Wed/wed.htm

2/1 Gladstone YRE 773
2/8 Wilsonville YRE 755
2/15 Portland YRE 1490
2/22 Vancouver YRE 425

Weekend Walking – 10am

http://home.comcast.net/~titone7604/weekend/weekend.htm

2/25 Wilsonville (new walk)

2/26 Sherwood

#### NORTHWEST REGION'S CALENDAR OF EVENTS –

Feb 4 Wk Columbia River Portland – Pre-Super Bowl 360-921-1909

Feb 4-5 Wk Four Plus cancelled Eatonville 253-531-2796

Feb 11 Wk Columbia River Portland - Heart Breaker 503-453-6018

Feb 11 Wk Daffodil Valley Volks Bonney Lake 253-841-0580

Feb 11 GW Lilac City Volks Clarkston 509-624-6518

Feb 25 Wk Interlaken Trailblazers Woodinville 253-813-1776

Feb 26 Wk Anchorage Volks Anchorage – Westmark 907-337-0366

Mar 17 Wk Cedar Milers Beaverton-Teddy Bear Walk 503-484-6475

Mar 17-18 Wk Mac Trackers Amity 503-472-0254

Mar 24 Wk Kitsap Volks Bainbridge Island 360-697-5526

Mar 25 Wk All Weather Walkers Vancouver 368-837-2111

Mar 31 Wk Over-the-Hill Gang DuPont-Company Town 253-875-3064

Mar 31 Wk Over-the-Hill Gang DuPont – Views of Northwest Landing 253-875-3064

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February Birthdays: Connors, Liz Jan 5 (sorry) Breneman, Jan Feb 9 Bowen, Earl Feb 27

Achievements: please contact the editor with event and distance milestones none reported

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Welcome to new members: Diane & Dan Nielsen

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ALL WEATHER WALKERS MEETING MINUTES
January 10, 2012; 6:30 p.m.
Terrace Cafe, Legacy Salmon Creek Medical Center

Jan Breneman called the meeting to order at 6:30 p.m.

<u>Present:</u> Jan Breneman (President), Pat Gorman (Secretary), Joe Titone (Newsletter Editor), Linda Barneson (Vice President and Membership), Earl Bowen, Jean Moeller, Barbara Baker, Dick Baker, Liz Connors(Treasurer), Tom Baltes, and Leah Townsend.

The minutes of the December 2011 were approved as submitted. There was no correspondence to discuss.

<u>Treasurer's Report:</u> Liz reported that the beginning balance as of December 1, 2011 was \$3,576.57. There were expenses of \$115.07. The balance as of December 31, 2011 was \$3,461.50.

Membership Report: No new members.

<u>Weekend Walks:</u> Joe Titone reported that there will be eight weekend walks in January. Each club in the area is sponsoring one walk. Attendance remains good. There were 64 walkers last week in Canby.

Wednesday Walks: Attendance on these walks remains good also.

#### **OLD BUSINESS:**

## Planned 2012 Events Updates:

March 25, Pinebrook (sanctioned). Linda Barneson and Pat Gorman, co-chairs; Jan Breneman, mentor). This walk is progressing well with needed permissions obtained. The Pathfinder ad has been submitted and the route finalized. May 19, Pacific Park. Jan sanctioned this walk for May 26. She and Earl are co-chairs for the walk and are working on a final route.

**Eagles View Park Sign:** Leah and Jean spoke to their contact at the City of Ridgefield. The city has budgeted funds for all park signs but it is unknown at this time what the Eagles View Park funds will be. They did not offer our resources to help pay for the sign.

#### **NEW BUSINESS:**

**2012 AWW Challenge**: There were eight books submitted for the 2011 Challenge. The 2011 drawing will be held at the February 14<sup>th</sup> meeting. It was approved to continue with the challenge in 2012. Those who complete eight of the ten walks are eligible for one free walk and their name is entered into a drawing for a \$50 prize.

**Membership Dues:** We were reminded that membership is on a calendar year basis and so 2012 membership is due. Liz collected from those present and there will be a reminder in the next newsletter.

#### **ANNOUNCEMENTS:**

- Trees are being removed from the Washougal Dike. However the dike will
  not be closed for an extended period as was announced in the local paper.
  It will be closed on an occasional basis while work is actually being done.
- Refreshment list:

February Joe

MarchPat

April Leah and Jean

MayLinda

October The Bakers
 Other months will be filled in later.

The next meeting will be February 14, 2012.

The meeting was adjourned at 7:05 p.m. Respectfully submitted by Pat Gorman, Secretary

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