



## All Weather News November 2009

<http://www.allweatherwalkers.org/>  
Deadline for Dec news: Nov 24



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from Sam Korff, our Regional Director: The Tukwila South Bike event and the Tukwila Christiansen Trail event are cancelled effective Oct 18, 2009 and had to be cancelled for 2010 as well.

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President's Corner – Jan Breneman

Today (Mon, 10/26) I did my first rainy walk in a very long time – and boy, was it wet! I've been way too lazy lately and knew I needed to kick myself into high gear again, even in the face of winter's onslaught. My motivation was helped by simply deciding to walk up the road from my house. There's something comforting about being able to come back and curl up with a hot drink and cozy blanket if I need to.

The winter is upon us, folks, and it's time to drag out your wet weather gear to keep up the pace. I actually used an umbrella today. I am so short that I poke walking partners in the eye, so can't use one when walking with others. My trusty rain hat usually fills the bill; and my warm coat is always at hand this time of year – although staying dry is not guaranteed in a heavy downpour. Shoes are almost impossible to keep dry – for me at least. My New Balance model is about the only one that fits me well, so dry feet are a trade-off in this case. Spare socks help – and a warm fire.

Years ago, I used to walk my hill for more than an hour every day before it got dreadfully boring. Thankfully, I discovered volkssporting just in the nick of time and the rest is history. Here's hoping you keep up your pace this season!

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Next Meeting: Tuesday, November 10 - ALL ARE WELCOME!  
details and map are now [here](#)

Sections that rarely change are also at this link: AWW Challenge information, AWW Challenge results, list of officers/valued associates, and Weekend Walking description.

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Prune Hill Views – Joe Titone

93 was not a great turnout, but we were severely hampered by a dire weather prediction which really didn't pan out. There were some excellent Fall colors and a few Halloween themed decorations and we received compliments on the route. We could not have done it without the excellent cooperation of the below:

The Camas School District was extremely cooperative and so easy to work with that it was a delight. Everything they agreed to do happened promptly and with great efficiency.

Joan and Don did their usual great job with the trailer.

Bonnie and Nira marked the 10K. It was Bonnie's first time and she got a good insight into this necessary, but very labor intensive, activity. Lena Davis (Rose City Roamers) came from Portland to assist me with the 5K. I very much appreciated her expertise and experience.

As I did with Earl who arrived at 8am so we could have everything ready at the start time. Earl also checked and remeasured the route.

Dick and Barbara were at the start table and helped those at other tables who were volunteering for the first time. They were relieved by Jan who also stayed and did whatever was necessary.

The checkpoint was ably handled by Leah, Jean and Jill.

Finish table functions were staffed by Arlene and Carol W and later by Drea and Janice.

Trail strippers were Joan and Liz.

We were lucky, once again, to have Carol J as co-chair. She helped with the trail scouting, typing, checking the written direction vs. the maps, and worked the afternoon shift.

If I missed anyone, please let me know as I was not there in the afternoon.

This walk was held once before in 2001 in the Spring. For what was seen then, see <http://www.allweatherwalkers.org/phv.htm>

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### **2010 NW CONFERENCE FEES – Sam Korff**

The Northwest Regional Conference will be held from Aug 3 thru 8 on the campus of the University of Alaska Anchorage (UAA). During that period there will be eleven sanctioned Volkssports events including a 300-meter swim, two 28-46 km bike rides, seven 5-6 km walks, and eight 10-12 km walks.

Housing will be in the residence suites of North Hall on campus and several meals will be served at the conference headquarters at UAA Commons. Housing will be \$224 per person for 5 nights and meals on campus will be \$111 for the “Meet ‘n’ Greet Social”, five breakfasts, two box lunches, and two dinners. These are all-you-care-to-eat meals. Reservations will be done on-line with UAA.

The Conference fee is \$300 per person and includes admissions to all venues, bus transportation both within Anchorage and to the outlying areas we will be visiting, two special banquet meals, custom-designed conference T-shirt, choice of hat or visor, and an embroidered patch, plus miscellaneous printing and supplies. Reservations will be mailed direct to the host Anchorage Volkssports Club.

For those wishing to add a pre-conference rail trip to Denali National Park and Preserve for July 30-Aug 2, reservations will be made through Alaska Visitors Center ([avc@alaska.net](mailto:avc@alaska.net) Re: AVA2010). Single occupancy fare is \$1657 per person; double occupancy is \$1186 per person.

For full details send an e-mail request to Conference Chairman Mike Devitt <[jmdevitt@alaska.com](mailto:jmdevitt@alaska.com)>. Reservation deadline will be May 1.

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Welcome to new member: Kamlesh Minhas

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**2009/2010 Club Event/2009 Weekend/Wednesday Walk Calendar:**

**Events:**

1/30/2010: walk from Legacy - Salmon Creek in conjunction with a proposed ESVA meeting

5/1/2010 - May Day at Firstenburg

September 4-6, 2010 - Mt. St. Helens events: Coldwater Lake (5/10km), Silver Lake/Seaquest State Park (5/10km), Hummocks Trail (5/20km), and Spirit Lake (6/12km).

12/18/10 – Holiday Lights in Camas

**Group Walks: Wednesday Walks -**

<http://home.comcast.net/~titone7604/Wed/wed.htm>

**Weekend Walking:** <http://home.comcast.net/~titone7604/weekend/weekend.htm>

**NORTHWEST REGION'S CALENDAR OF EVENTS –**

Nov 7	Wk	Vancouver USA Vancouver	85037	WA
Nov 14	Wk	Olympic Peninsula Explorers	Forks	
Nov 14-15	Wk	4Ds Portland	84503	360-281-8429
Nov 28	Wk	Sound Steppers	Edmonds-Turkey Trot	
Dec 5	Wk	Capitol Volkssport Olympia Holiday Walk	83221	
Dec 10	Wk	Sherwood Merrywalkers	Lake Oswego	
Dec 12	Wk	Lilac City Volkssport Assn.	Spokane - Christmas Lights Walk	
Dec 12	Wk	Vancouver USA Vancouver	84488	
Dec 13	Wk	Albany Fitwalkers	Albany	
Dec 17	Wk	Treasure Valley Volkssporters/Boise	84598	
Dec 19	Wk,NW	Border Crossers	Longview	
Dec 19	NW	Columbia River Volkssport Club	Portland	
Dec 31	NW	Emerald City Wanderers	Seattle	
Dec 31	Wk	Columbia River?Portland	86057	360-991-8806

**2010**

Jan 1	Wk	Emerald City Wanderers	Seattle	
Jan 1	Wk	Vancouver USA/Vancouver	86264	360-991-8806
Jan 9-10	SS, Xski	Evergreen Wanderers	Cle Elum	
Jan 16	Wk	Daffodil Valley ?Puyallup	85769	253-841-0580

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November Birthdays: Lang, Nira 11- Nov Goodlett, Bonnie 26 - Nov	Achievements: please contact the editor with event and distance milestones
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August & September minutes were approved at the October meeting. October minutes: not received

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