



**All Weather News
February 2009**

<http://www.allweatherwalkers.org/>



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Time for Renewal

No, we aren't talking about a rest from the holiday season's busy-ness (although there's that, too). It is a new year and it's time to renew your 2009 AWW membership – \$6/single, \$12 family. AWW helps you keep informed of the walk schedules, as well as motivated to stay healthy, enjoy our many local trails, and WALK. Send your dues to:

All Weather Walkers
Attn: Treasurer
PO Box 241
Vancouver, WA 98666-0241

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Deadline for March newsletter: February 21st

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Next Meeting: Tuesday, February 10 - ALL ARE WELCOME!

Place: Legacy Salmon Creek Hospital

Address: see below

Time: 6:30 pm

DIRECTIONS TO LEGACY SALMON CREEK HOSPITAL

Street Address: 2211 NE 139th Street, Vancouver 98686. Phone: (360) 487-1000

www.salmoncreekhospital.org

NORTHBOUND:

...from I-5, take NE 134th Street, Exit 7. Turn right (east) on NE 134th St. After crossing over I-205, turn left (north) on NE 23rd Avenue (traffic light). Continue from ♣ below.

...from I-205, take NE 134th Street, Exit 36. At end of ramp (traffic light), go straight (north) onto NE 23rd Avenue. Continue from ♣ below.

SOUTHBOUND: From I-5, take I-205 Exit 7, then very shortly take NE 134th Street, Exit 36. Turn left (east) onto NE 134th St. After crossing over I-205, turn left (north) on NE 23rd Avenue (traffic light). Continue from ♣ below.

♣ Proceed on NE 23rd Avenue to the Emergency entrance, then left into parking garage. Park on 4th level (P4), walk across the skybridge to **hospital** (not the medical offices). You are entering the second floor. Take elevator or steps to third floor. Look for the Terrace Cafeteria around the corner from the elevators or straight ahead at top of stairs; turn right, then left to rear of dining room area.



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NEW: JOIN THE 2009 AWW CHALLENGE. There is still plenty of time to complete the first half of the year – contact Liz Connors at (360) 798-6956 or

takeahike68@yahoo.com to get your free books. The Weekend Walking program is incorporating several of our YREs so you can walk with the group and qualify for the Grand Prize at the end of the year.

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Columbia Views on April 11 – by Joe Titone

With Carol Jensen and Jan Breneman's assistance, we've devised a new walk along Vancouver's 192nd Ave corridor that includes the viewpoint park, secluded paths and some new neighborhoods. This area has not been previously Volkswalked.

At least one month before the event and before the workers's walk, I need some club members to assist with 2 things: 1) check the written directions for correctness and clearness, and 2) check the map for correctness.

These can be done at any time that's convenient for you. I can accompany you, or because I live quite close to the walk, I can remain available by phone. Please contact me at titone@usc.edu or 350-944-8190.

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Welcome to new member:	none
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2009 Club Event/2009 Weekend/Wednesday Walk Calendar:

Events:

4/11/2009 – Columbia Views

8/22/2009 - Ridgefield Centennial

10/17/2009 – Prune Hill Views

Group Walks: Wednesday Walks -

<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking: <http://home.comcast.net/~titone7604/weekend/weekend.htm>

NORTHWEST REGION'S CALENDAR OF EVENTS

Jan 31	Wk	Columbia River Volkssport Club	Portland - Pre Super Bowl Walk
Feb 14	Wk	Northwest Striders	Redmond
Feb 14	Wk	Tualatin Valley Volks	Hillsboro. Oregon
Feb 14	Wk	Columbia River Volkssport Club	Portland - Heart Throb

Feb 21-22	Wk	Four-Plus Foolhardy Folks	Eatonville - 24th Annual Northwest Trek Walk
Feb 28	Wk	Interlaken Trailblazers Volkssport Club	Woodinville - Spirits Walk
Mar 1	Wk	Anchorage Volkssport Club	Anchorage - Fur Rondy Walk
Mar 7-8	Wk	Capitol Volkssport Club	Ocean Shores - Beach Walk
	Wk	Capitol Volkssport Club	Ocean Shores - Damon Point Walk
	Wk	Capitol Volkssport Club	Ocean Shores - Interpretive Center Walk
	Wk	Capitol Volkssport Club	Ocean Shores - Duck Lake Walk
	Bike	Capitol Volkssport Club	Ocean Shores - Seabreeze Bike
Mar 7-8	Wk	Capitol Volkssport Club	Seabrook - Seabrook Walk
Mar 14	Wk	Border Crossers	Kalama - PI WALK USA
Mar 21	Wk	Cedar Milers	Hillsboro, OR
Mar 22	Wk	Vancouver USA Volkssporters	Vancouver - World Water Day
Mar 28	Bike	Over-The-Hill-Gang Volkssport Club	DuPont
	Wk	Over-The-Hill-Gang Volkssport Club	DuPont - Nisqually Overlook
	Wk	Over-The-Hill-Gang Volkssport Club	DuPont - Historic DuPont
Mar 28	Wk	Albany Fitwalkers	Shed

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<p>February Birthdays: Breneman, Jan 9-Feb Johnson, Bonnie 21-Feb Bowen, Earl 27-Feb</p>	<p>Achievements: Drea Collins: 30 events Janice Collins: 500K and 30 and 50 events please contact the editor with event and distance milestones</p>
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Sent by former member Cleo Scribner

Earl Bowen Retirement Reception
December 30, 2008 1 – 3PM
101-204a
20 years at PVAMC in Fee Services, and Access Office

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ALL WEATHER WALKERS
 PO BOX 241
 VANCOUVER, WA 98666-0241

AWW BOARD MEMBERS

Liz Connors, President
 H 360/cell 798-6956
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Earl Bowen, Vice President
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Emma Jean Moeller, Treasurer
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Phyllis Clancy, Membership
 H 360/ 835-8621
clancypj@msn.com

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AWW Challenge Completions – Final Report

Congratulations to those people who have completed the 2008 AWW Challenge:

First Half-Year
Barbara Baker
Dick Baker
Jan Breneman
Drea Collins
Janice Collins
Jean Moeller
Leah Riedel
Earl Bowen
Sandy Hiles
Joan Heins
Second Half-Year
Earl Bowen
Drea Collins
Janice Collins
Leah Riedel

Jean Moeller
Jan Breneman
Barbara Baker
Dick Baker
Sandy Hiles
Joan Heins

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From Jan Breneman:

Our Year Round Walks for 2009 are now in place. Thanks to Joe Titone and Carol Jensen, a new walk was added at Round Lake starting from the Lakeside Chalet. It closely follows our 15th Anniversary route from 2007. Also, Jan Breneman designed new trails in Fishers Landing and Washougal. Burnt Bridge Creek once again includes the namesake trail now that all the upgrades are finished.

Trail checkers Earl Bowen, Nira Lang, Jean Moeller, and Leah Riedel helped flush out safety issues and clarified wording on all the new routes. Jan and Jill McLean managed to meet early in December to do the mega-copying job just before the long winter weather set in. Once again, Jill funded the copy project with her UPS Store copy card, which - at over 700 total copies - is a significant donation to the club. Distribution to the start points was done in between snow storms during the holidays. Thanks to everyone - the club really appreciates the extra time and effort!

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Weekend Walking - check our web site for the schedule:

<http://home.comcast.net/~titone7604/weekend/weekend.htm>

If you're doing the AWW challenge, we'll be doing many of the AWW YREs during these walks. It's a great chance to walk with a group and work on completing your challenge card. Remember we'll always have 2 leaders, one at the front, and one at the rear so if you're slower or want to walk a lesser distance, someone can help you.

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**All Weather Walkers Meeting Minutes
January 13, 2009; 6:30 pm
Legacy Salmon Creek Hospital, Terrace Cafe**

Meeting called to order at 6:35 p.m. by President Liz Connors, followed by introductions around the table.

Present: Earl Bowen (Vice President), Barbara Baker, Dick Baker, Jan Breneman (Webmaster), Phyllis Clancy (Membership Director), Janice Collins, Liz Connors, (President), Pat Gorman, Joan Heins, Jean Moeller (Treasurer), Leah Riedel, Barbara Smith, and Joe Titone (Newsletter Editor).

Minutes: Minutes of October and December 2008 meetings were approved as published. Jan Breneman took minutes tonight in the absence of Secretary Daryl Pulley.

Treasurer's Report: Jean reported the checkbook balance as of December 31 was \$1745.36. December Expenses totaled \$246.36; Total Income: \$52. A complete report was submitted.

Membership Committee: No new members in December. Phyllis reported that she and Jean Moeller are in the early process of membership renewals.

Correspondence: See new business (ESVA news).

OLD BUSINESS

Upcoming Walks.

April 11, Columbia Views. Pathfinder ad has been submitted. Joe will send info to Jean and Leah to put event details on the AVA website. QFC was thought to be in Camas, but their address is listed as Vancouver. Joe will clarify. Jan will email a mock brochure to Joe for him to update and prepare for printing.

Other Walk Dates: August 22, Ridgefield Centennial. October 17, Prune Hill Views (Camas).

Wednesday Walk Report. Due to rain, only twelve people walked downtown Portland last week, the lowest number in quite some time. Longview is tomorrow. AWW's Frenchman's Bar walk is scheduled for Feb. 18. Joe will begin publishing two months at a time on the website, which helps people plan ahead.

Weekend Walks. Our Felida YRE was cancelled December 14 due to hazardous icy conditions. No group walks scheduled for January; Joe will look at open February dates and email a request for volunteer leaders.

AWW Walk Challenge. Members agreed to continue program as it currently exists for 2009. Drawing for 2008 will be done at February's meeting. Liz will also develop new cards for 2009 and bring next month. Joe will publish an update in February's newsletter

NEW BUSINESS

Retirement. Earl Bowen retired from the Veterans Administration as of December 31 and proudly showed off his “happy” sweatshirt.

Discovery Walks Help. Date is April 24-26. Dick Baker would like individual clubs to accept a particular assignment and asked AWW to take on marking and stripping the trail for Friday night's Mayor's Walk. It is designed in two, 5km loops; working in teams of two is helpful, and they can do one or two loops. A few present volunteered, but more are needed. Additional volunteers will also be needed all weekend. Contact Dick at (360) 573-6048 or dickbkr@earthlink.net

ESVA Meeting. The next ESVA meeting will be in Concrete, WA on January 24. Three motions will be discussed. 1) A new agreement between Oregon and Washington is in progress for The Northwest Pathfinder. Oregon wants to add YRE descriptions twice per year. Members instructed Earl to vote yes, but questions remain about when and exactly what to publish. 2) ESVA finances the cost of extra printed copies sent to Washington clubs for added publicity, ie, a local health fair. This comes out of the 30¢ state walk participation fee each club pays. But how should Oregon clubs pay for extra copies for publicity—an extra \$\$ charge? If no new agreement is reached, should ESVA reduce its 30¢ fee? 3) In 2013, the Washington State Parks department will celebrate its 100th anniversary. They would like to coordinate volkssport events with ESVA as well as individual clubs.

Some confusion exists regarding obtaining AVA books and extra start cards. Liz agreed to put a list in the newsletter so everyone would know who to contact for which supplies.

Announcements. *Climb to Conquer Cancer.* May 2 in the Mt. Tabor area of Portland. Warner Pacific College is sponsoring a 5/10km walk/run as a fundraiser. A kick-off event is planned for February 17. Early registration fee is \$25/person through that date. *Race for the Roses.* April 5 in Portland. This is a sanctioned 5/20 km walk/run.

Meeting adjourned at 7:25 p.m. Snacks were provided by Phyllis Clancy.

Respectfully submitted by Jan Breneman, for Secretary Daryl Pulley
