



**All Weather News
January 2009**

<http://www.allweatherwalkers.org/>



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Time for Renewal

No, we aren't talking about a rest from the holiday season's busy-ness (although there's that, too). It is a new year and it's time to renew your 2008 AWW membership – \$6/single, \$12 family. AWW helps you keep informed of the walk schedules, as well as motivated to stay healthy, enjoy our many local trails, and WALK. Send your dues to:

All Weather Walkers
Attn: Treasurer
PO Box 241
Vancouver, WA 98666-0241

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Deadline for February newsletter: January 21st

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Next Meeting: Tuesday, January 13 - ALL ARE WELCOME!

Place: Legacy Salmon Creek Hospital

Address: see below

Time: 6:30 pm

DIRECTIONS TO LEGACY SALMON CREEK HOSPITAL

Street Address: 2211 NE 139th Street, Vancouver 98686. Phone: (360) 487-1000

www.salmoncreekhospital.org

NORTHBOUND:

...from I-5, take NE 134th Street, Exit 7. Turn right (east) on NE 134th St. After crossing over I-205, turn left (north) on NE 23rd Avenue (traffic light). Continue from ♣ below.

...from I-205, take NE 134th Street, Exit 36. At end of ramp (traffic light), go straight (north) onto NE 23rd Avenue. Continue from ♣ below.

SOUTHBOUND: From I-5, take I-205 Exit 7, then very shortly take NE 134th Street, Exit 36. Turn left (east) onto NE 134th St. After crossing over I-205, turn left (north) on NE 23rd Avenue (traffic light). Continue from ♣ below.

♣ Proceed on NE 23rd Avenue to the Emergency entrance, then left into parking garage. Park on 4th level (P4), walk across the skybridge to **hospital** (not the medical offices). You are entering the second floor. Take elevator or steps to third floor. Look for the Terrace Cafeteria around the corner from the elevators or straight ahead at top of stairs; turn right, then left to rear of dining room area.



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Welcome to new member:

Pat Gorman



2009 Club Event/2009 Weekend/Wednesday Walk Calendar:

Events:

4/11/2009 – Columbia Views

8/22/2009 - Ridgefield

10/17/2009 – Prune Hill Views

Group Walks: Wednesday Walks -

<http://home.comcast.net/~titone7604/Wed/wed.htm>

Weekend Walking: <http://home.comcast.net/~titone7604/weekend/weekend.htm>

NORTHWEST REGION'S CALENDAR OF EVENTS

Jan 1	Wk	Emerald City Wanderers	Seattle, WA	206-938-5929
Jan 1	Wk	Vancouver USA Volkssporters	Vancouver, WA	360-573-6048
Jan 10	Wk/ OR	Eugene Springfield Mossback Volkssport	Springfield - McKenzie River	Bend/New Bridge
541-747-6470				
Jan 10-11	X Ski, SS	Evergreen Wanderers	Cle Elum, WA	253-582-7474
Jan 17	Wk	Daffodil Valley Volkssport Assn.	Puyallup - Winter by Puyallup River,	WA
253-845-6592				
Jan 24	2Wk	NW Tulip Trekkers	Concrete, WA	360-853-8437
Jan 31	Wk/ OR	Columbia River Volkssport Club	Portland - Pre Super Bowl Walk	503-692-
5909				
Feb 14	Wk	Northwest Striders	Redmond, WA	425-746-9641
Feb 14	Wk	Tualatin Valley Volks	Hillsboro, Oregon	503-324-6191
Feb 14	Wk	Columbia River Volkssport Club	Portland - Heart Throb, OR	503-692-5909
Feb 21-22	Wk/ WA	Four-Plus Foolhardy Folks	24th Annual NW Trek Walk	253-838-3554
Feb 28	Wk/ WA	Interlaken Trailblazers Volkssport Club	Woodinville - Spirits Walk	253-813-1776



<p>January Birthdays: Hernandez, Noemi 1-Jan Connors, Liz 5-Jan Snodgrass, Cheryl 21-Jan Hannah, Frances 23-Jan</p>	<p>Achievements: please contact the editor with event and distance milestones</p>
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<p>ALL WEATHER WALKERS PO BOX 241 VANCOUVER, WA 98666-0241</p>
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AWW BOARD MEMBERS	AWW COMMITTEE CHAIRS
Liz Connors, President H 360/cell 798-6956 takeahike68@yahoo.com	Earl Bowen, Trailmaster H 360/263-1228 earld@tds.net
Earl Bowen, Vice President H 360/263-1228 earld@tds.net	Jill McLean, Historian H 360/944-5051 no email
Daryl Pulley, Secretary H 503/288-0148 pulleylaw@yahoo.com	Joe Titone, Newsletter Editor H 360/944-8190 titone@usc.edu
Emma Jean Moeller, Treasurer H 360/887-8778 ejm33@hotmail.com	Jan Breneman, Publicity/Webmaster H 360/835-9686 breneman@pacifier.com
	Phyllis Clancy, Membership H 360/ 835-8621 clancypj@msn.com

AWW Challenge Completions

Congratulations to those people who have completed the AWW Challenge so far:

First Half-Year
Barbara Baker
Dick Baker
Jan Breneman
Drea Collins
Janice Collins
Jean Moeller
Leah Riedel
Earl Bowen
Sandy Hiles
Second Half-Year
Earl Bowen
Leah Riedel
Jean Moeller
Jan Breneman
Barbara Baker
Dick Baker

A new AWW patch and two free AWW walk certificates will be awarded to each paid person who completes either or both halves of the year. Walkers doing both halves are entered into the grand prize drawing next February and have a choice in the second half of getting an AWW free walk instead of the patch. Full details

about the Challenge were mailed earlier this year, and can also be found at www.allweatherwalkers.org.

Does your name belong here? Please let Joe Titone know if you have finished the program.

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Weekend Walking is back. Check our web site for the schedule:

<http://home.comcast.net/~titone7604/weekend/weekend.htm>

If you're doing the AWW challenge, we'll be doing many of the AWW YREs during these walks. It's a great chance to walk with a group and work on completing your challenge card. Remember we'll always have 2 leaders, one at the front, and one at the rear so if you're slower or want to walk a lesser distance, someone can help you.

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Note: both the October and December minutes are below:

ALL WEATHER WALKERS MEETING MINUTES

October 14, 2008; 6:30 p.m.

Legacy Salmon Creek Hospital Cafeteria

Meeting called to order by President Liz Connors at 6:35 p.m. and introductions made.

Present: Earl Bowen (Vice President), Jan Breneman, Liz Connors (President), Daryl Pulley (Secretary), Joe Titone, Leah Riedel, Jean Moeller, Joan Heins and Bernice Robbins

Minutes: Minutes of September 9, 2008 meeting were approved. Secretary Daryl M. Pulley took minutes.

Treasurer's Report: Liz reported that the balance in the checking account is \$2,077.34 as of September 30, 2008.

Membership Committee: Nira did a 5K at Battleground. She is looking good and is in good spirits. She has one more treatment. We have 3 new members: Sandy Miller, Julie Bracken and Janet Borst.

Correspondence: None

OLD BUSINESS:

Lewisville Park Walk: Sunday, October 12 was a success. Earl reported that we had 102 walkers; 58 credit, 44 free.

2009 Walks: (1) April 11, 2009, Columbia View, Joe and Jan checked the trail, Joe and Carol Johnson will co-chair; (2) August 22, 2009, Ridgefield 100th Anniversary, Leah and Jean are co-chairs; (3) Prune Hill Views – October 17, 2009 was approved. Joe was authorized to sign with the Dorothy Fox Elementary School for an indoor start place. Carol Jenson and Joe will co-chair; (4) Felida Xmas Walk – December 12, 2009, Liz will check for start point.

Wednesday Walks: 30 walkers regularly.

Weekend Walking: Joe Titone reported - 2 leaders minimum needed for a walk. Contact Joe if you would like to co-lead a walk.

NEW BUSINESS:

ESVA Meeting was attended by Earl Bowen on October 4, 2008. Pathfinder future was discussed. There are two Washington State (ESVA) programs AVA Masters Walking and Girl Scout Recognition.

Miscellaneous: January 24, 2009 – Concrete, WA Eagle Festival; April 24-26, 2009: Discovery Walks – please sign up to help; November 6, 2009 – Board Meeting at Liz's at 6 p.m. (1605 NW 119th St., Vancouver, WA, driveway is on 16th)

Walk Committee: Work is done to date.

Meeting adjourned at 7:15 p.m. Refreshments were forgotten by Daryl. Earl will bring refreshments for November. December meeting is the Cookie Potluck. Next meeting will be November 11, 2008.

Respectfully submitted by Daryl Pulley, Secretary.

All Weather Walkers Meeting Minutes December 9, 2008; 6:30 pm Legacy Salmon Creek Hospital, Terrace Cafe

Meeting called to order at 6:35 p.m. by President Liz Connors.

Present: Earl Bowen (Vice President), Janet Borst, Julie Bracken, Jan Breneman, Phyllis Clancy, Liz Connors, (President), Bonnie Goodlett, Jean Moeller (Treasurer), Leah Riedel.

Minutes: Minutes of November meeting not received, so approval deferred to January's meeting. Jan Breneman took minutes tonight in Daryl Pulley's absence.

Treasurer's Report: Jean reported the checkbook balance as of November 30 was \$1939.72. Total November Expenses: \$143.44; Total Income: \$123. A complete report was submitted.

Membership Committee: Phyllis reported that she, Jan Breneman, and Jean Moeller met regarding the 2009 membership renewal process. Renewal notices will go out in the January, February and March newsletters; an initial notice was also placed in the "December Greetings" letter; Jean and Phyllis will coordinate the final list next spring. We welcomed Janet Borst and Julie Bracken at tonight's meeting. Pat Gorman also joined in November.

Correspondence: None received.

OLD BUSINESS

Wednesday Walk Report. **No report.**

Weekend Walks. Jan reported for Joe. Attendance is very good for the three dates we've had. Next date is the evening of December 14 at our Felida YRE to view Christmas lights. A flat 10km is available for those who wish an easier walk. Liz will email Joe a copy of 6km route directions. Liz will be out of town, but Joan Heins has agreed to help lead; her friend Karen may help.

NEW BUSINESS

AWW Challenge 2009. Prizes for 2008 will be awarded in February. Those in attendance agreed to defer a decision about 2009 until January.

2009 YRE Preparation. Jill McLean is once again funding the copying of next year's routes, which is a significant benefit to the club. She and Jan will get together in the next few weeks, and Jan will distribute the copies to the individual YRE start points and/or monitors. All current YRE monitors have agreed to continue for the coming year.

Washougal Changes. Jan Breneman reported on a comprehensive "E" street upgrade in Washougal, which is planned for completion in 2010; a new tunnel under Highway 14 from Pendleton Woolen Mills parking lot to the Washougal dike just east of Steamboat Landing Park, due for construction this spring; and Kerr Park (on the city's east boundary) is almost done with newly renovated trails and nature plantings this fall. All this will greatly enhance walking opportunities in the area.

Refreshments. Phyllis Clancy volunteered for January 13; Leah Riedel and Jean Moeller volunteered for February 10.

Meeting adjourned at 7:10 p.m., after which door prizes were held, and the entire group shared holiday treats.

Respectfully submitted by Jan Breneman,
for Secretary Daryl Pulley
