

Our club welcomes all walkers!

The Volkssport Club at West Point offers thirteen (two new in 2017!) non-competitive walking events. All walkers are welcome to join and/or participate. Military affiliation is **not** required! These events can be walked on your own using our trail guides or as part of our club's group walks, held on both weekends and weekdays. For most walks, a short (approximately 5k) and long version (approximately 10k) are offered; however not all sights described in the walks in this brochure are on the short versions.

Our Hudson Valley walks are located from 20 miles to 80 miles north of midtown New York City. In addition, we have two walks available at the Delaware Water Gap area (Barryville) and on Long Island (Southampton). A short description of each of our Year Round Events (YREs) is contained in this brochure.

Besides offering these YREs, the club also organizes yearly Traditional Events (TEs).

We also participate in group walks of other volkssport club's events.

Additionally, we hold quarterly club business meetings, open to all.

Finally, we have social activities, such as scenic Hudson River boat rides, a December holiday brunch, occasional club breakfasts.

See our webpage for all other details, as well as our Calendar of Events

Our six Hudson River west side trails:

Cornwall-on-Hudson, NY (Y0252): The trails go through the village of Cornwall-on-Hudson and residential neighborhoods. You'll see spectacular views of the Hudson River. The longer 10k trail has a steep hill and passes a golf course and the *Hudson Highland Nature Museum*.

Goshen, NY (Y0811): The walk route passes numerous places in historic Goshen, including the famed *Goshen Historic Track*, the world's oldest (1838) harness track, and the adjacent *Harness Racing Museum and Hall of Fame*.

Highland Falls, NY (Y1145): The trails pass through the village and around Roe Lake. The longer 11k trail passes through the grounds of West Point, passing historic officer's quarters and the main academic area.

New Paltz, NY (Y1497): Walk through the village of New Paltz, including "the oldest street in America", settled by French Huguenots with six original stone houses, then through the SUNY New Paltz campus and a portion of the Walkkill Valley Rail Trail. The walk includes views of the Shawangunk Mountains.

Nyack, NY (Y1152): Stroll Nyack village's tree-lined streets and admire the Victorian architectural treasures around every corner, unique shops and galleries, as well as many fine restaurants. The walk features views of the Hudson River and the Tappan Zee Bridge.

West Point, NY (Y0037): You'll pass West Point's residential areas, the main academic area, Trophy Point, Kosciuszko's Monument, the Jefferson Library, Cadet Chapel, parade grounds, and athletic facilities. The 10k trail passes through the West Point Cemetery containing the gravesites of Generals George Custer, Norman Schwarzkopf, and others.

Our two electronic-registration trails outside of the Hudson Valley

These two trails, both new for 2017, utilize the AVA online Start Box registration system. This is provided for us by the California Volkssport Association website (<http://www.cva4u.org>). For further information and detailed instructions as to how to electronically register, see our club's website.

Barryville, NY (Y0067): This walk features crossing the Delaware River via the Roebling Aqueduct (Bridge) from NY to PA and back. The 1847 bridge, designed by and built under the supervision of John A. Roebling (future engineer of the Brooklyn Bridge), is the oldest suspension bridge in the United States and originally served as an aqueduct to transport canal boats on the Delaware River. The bridge has been recently fully restored, with numerous historical signs showing its use as an aqueduct. The walk also passes the Zane Grey Museum (free) in Lackawaxen, PA.

Southampton (Long Island), NY (Y1863): This walk is composed of two 5k walks, both starting/finishing from the same location. The first 5k walk passes by numerous Southampton residences to the nearby ocean beach. After a short section (about 0.5k) along the beach, the route continues past the Agawam Lake. The second 5k walk passes downtown shops and restaurants, the Southampton town hall, and numerous Southampton residences.

Our five Hudson River east side trails:

Beacon, NY (Y1150): Scenic views of the Hudson River. You'll walk by many historic buildings, antique shops, restaurants, specialty stores, and Beacon's riverfront on the Hudson. The route passes Beacon Falls and the trailhead at the base of Mount Beacon.

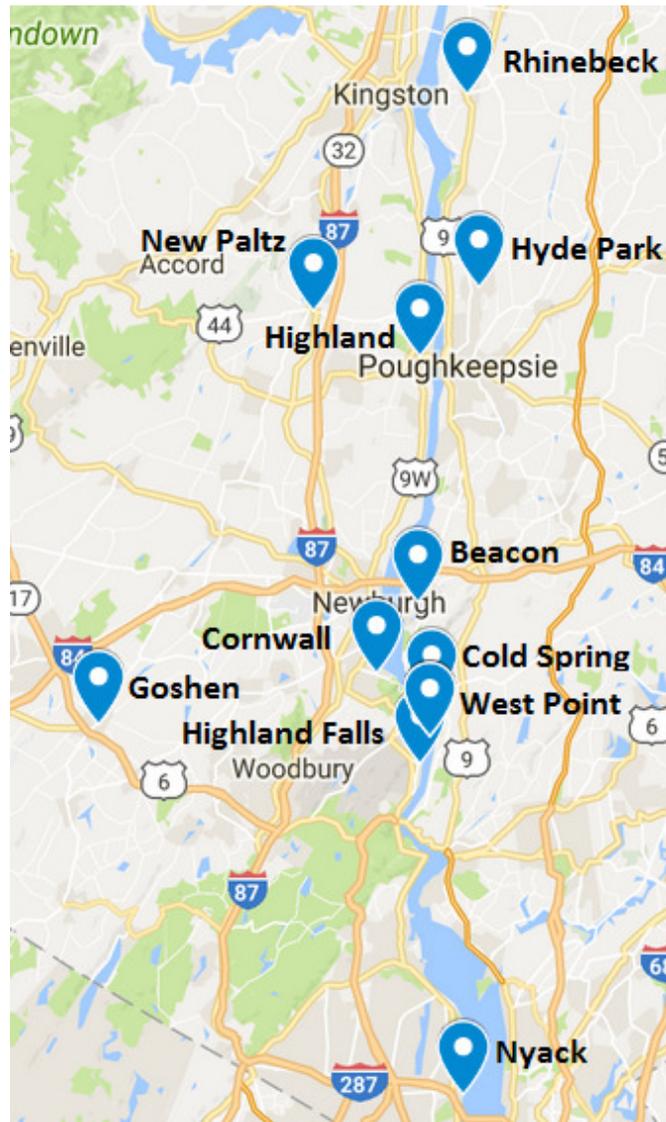
Cold Spring, NY (Y1633): The trails go by many 19th century historic buildings, antique shops, and boutiques with spectacular views of the Hudson River. The trail goes through both the villages of Cold Spring and Nelsonville. The longer trail visits Scenic Hudson's historic West Point Foundry Preserve.

Highland, NY - Walkway over The Hudson and other Rail Trails (Y0797): The New York State "Walkway Over the Hudson" bridge is the longest, highest elevated pedestrian bridge in the world. The Hudson Valley Rail Trail extends to the west and the Dutchess Rail Trail extends to the east. A variety of trails ranging from 5k to 25k are offered along any or all of these three trails. The 12k trail also travels through the historic section of the City of Poughkeepsie and returns over the FDR Mid-Hudson Bridge to the starting point. All others are out-and-backs.

Hyde Park, NY (Y1108): The trails go past the Franklin Delano Roosevelt Home, Presidential Library, and Visitors Center, as well as the railway station used by the King and Queen of England and the Vanderbilt Mansion. Both the home of FDR and the Vanderbilt Mansion are National Historic Sites. There are wonderful views of the Hudson River.

Rhinebeck, NY (Y1094): The trail transverse the picturesque village of Rhinebeck. As you tour the village you will see a collection of varying architectural styles from late 18th through the early 20th century.

Our trails in the Hudson Valley running as far north as Rhinebeck down to Nyack in the south. Additionally, we have trails in Barryville, NY to the west, and Southampton on Long Island to the east.



The Volkssport Club at West Point 2017

An "American Volkssport Association: America's Walking Club" affiliated club

Our walks are open to all!

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Fun, Fitness, Friendship