

# menehune marchers news

Winter 2008

Volume 8, Issue 4

## Upcoming Events

**Dec 5-12** **Big Island/Maui/Lanai**  
(Sponsored by Walking Adventures International)  
Carol Romig  
626-3575

**Dec 13.** **Christmas Party Lunch**  
11:30 am-Seafood Village  
Hyatt Regency Waikiki  
Gayla Tarumoto  
247-2383

**Jan 10** **West Loch Shoreline**  
Carol/Dennis Romig  
626-3575

**Jan 25** **1<sup>st</sup> Qtr Business Meeting**  
**1-3 pm Hoomaluhia**  
**Visitor's Center**  
Mark Brown  
234-0476

**Feb 15** **Diamond Head**  
**YR Hui Hele**  
Marsha Okada  
395-9724

**Are You a  
Member of  
AVA yet?**

## Reminder

## Annual Christmas Party

The annual Christmas Party is 11:30 am, Saturday, December 13 at the Seafood Village of the Hyatt Regency Waikiki, 2424 Kalakaua Avenue. Don't forget to bring 3 \$1 bills for games and an unwrapped white elephant gift.

## Upcoming January Event

## West Loch Shoreline

Carol and Dennis Romig



Kick-off the New Year with the West Loch Shoreline walk on January 10 (Saturday). This route takes you through two parks, the Asing Community Park and the West Loch Shoreline Park. The two parks are connected by the waterfront bike trail, where you will have beautiful vistas of the western most portion of Pearl Harbor called "West Loch."

Bring your binoculars as the Hawaiian coot, moorhen, stilt, and wood duck may be seen along the trail. Please note that you may start this walk as early as 7:30am. The walk starts at the Asing Community Park located at 91-1450 Renton Road, Ewa. Hope to see you on the trails!

## President's Message

Mark Brown

Aloha All:

Many thanks to Lan & Ben Char for organizing the 7 September Manoa Hui Hele walk and to Carol & Dennis Romig for organizing the 4 October Bellows Air Force Station "Oktoberfest" walk. Both events were very well-attended and fun for all. At the "Oktoberfest" walk, the Romigs also very kindly put together a pot luck feast that followed the walk. As at past events, the food and company couldn't have been better! We also had the pleasure of the walk being attended by the AVA Pacific Region Director, Wayne Holloway, and his wife Grace. The event marked two major milestones for the Holloways in that their visit fulfilled the last remaining entry for them to earn both the coveted AVA 50-State and 51- State Capitol walks awards. Way to go Wayne & Grace, and thanks again to Lan & Ben and Carol & Dennis!!!

**At our most recent 26 October Club Quarterly Business Meeting, we continued to refine and finalize our events calendar for 2009. A copy of the calendar is included in this newsletter. To date we have eight walk events scheduled but still have open months (no event) in May, June, August and November. As always, we remain very much in the hunt for volunteers who would like to help in organizing a walk event for the club. You name it, we need your talents! From event mangers, to trail masters, to book "stampers", to folks for set-up and take-down...we need your help!**

Upcoming February Event

# Diamond Head Hui Hele

Marsha Okada



Come join us on Sunday, February 15, 2009 for our 2<sup>nd</sup> Annual Diamond Head Year-Round Hui Hele. If you have not walked this event since November 20, 2008, this is a good time to check out the improvements done to the crater walls and on the trail. This is a 12K trek to the summit, however, a 10K option to the 1<sup>st</sup> check point in the crater is available.

Meet at the Kapiolani Bandstand parking lot area across from the zoo, near the restrooms between 7:00 a.m. and 8:00 a.m. Refreshments will be provided at Triangle Park where you can enjoy the camaraderie of other club members and friends.

If you have any questions, please call Marsha Okada at 395-9724 or on day of the walk 722-8724.

## New Mililani YRE Volksmarch

Carol Romig

Starting January 15, 2009, the Menehune Marchers will have a new year-round event in Mililani. McDonalds of Mililani Mauka will be the start point. Our intent is to have two 10K routes through Mililani Mauka available by January 2009.

We also will develop a 10K option in Mililani Town. We will hold a hui hele for this new year-round in January and March 2009. Check out the AVA website for details

Completed September Event

# Manoa Hui Hele

Lan and Ben Char



Thai Pavilion-University of Hawaii



-Jefferson Hall-East West Center



Japanese Garden-East West Center



Lieberman Sculpture-Engineering



Butterfly Wall-Agriculture



Manoa Chinese Cemetery

Fifteen club members walked the Hui Hele Manoa YRE on Sept.7, 2008. It was a misty rainy morning when walkers signed in at about 7:30 AM. However, the sign-in was moved to the inside lower lobby of McDonald's, and the walkers were sent cheerfully on their way with the assistance of volunteer Terry P. *Mahalo Terry for helping*



The Crab in front of the Art Building, University of Hawaii-Manoa

Completed October Event

# OKTOBERFEST CELEBRATION

At Bellows AFB

Carol Romig

The weather couldn't be better (or breezier) for our Oktoberfest at Bellows. Forty-seven walkers celebrated Oktoberfest with 5K and 10K walks along the beautiful Bellows Beach followed by an incredible array of German fare and desserts! The Club is so fortunate to have many walkers who are also wonderful cooks/bakers.



We had two special guests at the Oktoberfest, Wayne and Grace Holloway from Rescue, California. Wayne is the Pacific Region Director of AVA. The Holloways were here celebrating their 50<sup>th</sup> state and 51<sup>st</sup> capital walk, and also their 50<sup>th</sup> wedding anniversary. Congrats on all three! Thanks for sharing your day with us and also for the outstanding support you provide to our club and to AVA.



Thanks to everyone who attended Oktoberfest and made this event a success. Also, special thanks to the early birds who helped with the clean-up of the pavilion, food set-up, registration, and tagging the trail.

Completed November Event

## Thirty Eight Walkers Complete the Historic Nu'uauu Valley Walk

Bob Iverson



This lower Nu'uauu Valley walk begins at the entrance to Honolulu's Foster Botanical Garden. A treat in itself if you go inside and view the extensive display of trees, shrubs and plants of Hawai'i, other Pacific Island Nations and Asia.



The walk proceeds up the valley via Nu'uauu Avenue and the Pali Highway with many interesting sites, such as, an early Hawai'i Middle School, a Japanese Pagoda replica, the Royal Mausoleum where many of the Hawai'ian Royalty is buried, several Foreign Consulates, multiple churches, and large estate homes. The turnaround is Nu'uauu Valley Park, a popular place for families with young children to gather and enjoy the extensive playground equipment and cool shaded picnic area.



Immediately before the park is the Queen Emma's Summer Palace. The Summer Place is a humble summer abode with an excellent collection of antiques, gifts of silver and crystal glassware from England, and mementoes of the Queen's family. If you cannot visit inside, (there is an entrance fee) you should at least traverse the grounds to get to or from the park.

As you proceed back down the valley you can view the city skyline with the beautiful Pacific Ocean in the background. In addition, you will visit a grave site of a survivor of the ship "Titanic", which sunk after hitting an iceberg in the North Atlantic on its maiden voyage from England to the U.S., a typical Hawai'i elementary school and finally another park with a refreshing valley stream.



The Nu'uauu Walk is always an enjoyable experience. Thanks to all who attended.



## President's Message

[Continued]

Please come to our quarterly business meetings and let us know what you would like to do and what events or activities you would like to help us add to our 2009 calendar.

On the good news front, I am very pleased to announce that Carol & Dennis Romig have organized a new AVA-sanctioned Year Round Event (YRE) walk for our club in Mililani. The walk will begin in January 2009 with the start box being located at the local McDonald's Restaurant. Like our Manoa YRE walk; you will be able to get great exercise, have fun, and enjoy an inexpensive lunch all in one stop. The addition of the Mililani YRE will bring our total on Oahu to nine. Thank you again Carol & Dennis!!!

As always, please participate in as many of the club events as you can. Also please volunteer to help where you can and always be sure to thank those who have kindly offered their precious time and talents to organize club events.

Just a reminder that our next Club Quarterly Business Meeting will be held on **Sunday, 25 January at 1-3 PM**. The meeting location will be the Ho'omaluhia Botanical Garden Visitor Center Classroom. Please come for the meeting and contribute to the planning of our many enjoyable club activities! Also, I look forward to seeing you at our upcoming 13 December Holiday Party at the Seafood Village – Hyatt Regency Waikiki. Hope most members can attend.

*See you on the trails...*

## PACIFIC Region director visits

The Menehune Marchers welcomed Pacific Region Director Wayne Holloway and his wife Grace to Hawaii at the Club's annual Oktoberfest walk and pot luck on October 4<sup>th</sup>.

Wayne and Grace's children Cheryl Fraser, Mike and Tom, and grandson Jason Fraser teamed to send their parents/grandparents to Hawaii in celebration of their 50<sup>th</sup> wedding anniversary. Cheryl collaborated with our own Terry Puuohau to time the trip with a Menehune Event. Terry suggested the October event as the one that would bring our guest to the most members. The Holloways enjoyed the walk at Bellows and their visit with club members, sharing remembrances of past visits. "The Island sure has changed in 25 years." Wayne said he especially enjoyed Dennis' brats.



wayne, grace and james

Terry had taken our visitors under her "wing", meeting them at the airport and escorting them throughout their stay. She insured that they met their goals of walking Diamond Head, Waikiki, and the Capital walks, and a visit to the Arizona Memorial. She took them to see the giant sea turtles, and even by her sister's nursery to see some wild pigs. It was a rather refreshing, if serendipity, treat getting drenched in a sudden downpour at the Blow Hole.

Grace and Wayne vowed to return, as five days just wasn't enough to see everything we have to offer, or to do all of the walks. Wayne expressed an interest in Dennis' BBQ schedule, and mahalo for the fun and friendship that he and Grace was so privileged to experience.

### Kailua 3<sup>rd</sup> Quarter

Maria Brasher

Total 18  
Award 1  
Credit 15  
Free 2

### Kona 3<sup>rd</sup> Quarter

Terry Puuohau

.Total 9  
Award 3  
Credit 5  
Free 1

### Laie 3<sup>rd</sup> Quarter

Maria Brasher

Total 3  
Award 1  
Credit 2

### Manoa 3<sup>rd</sup> Quarter

Lan Char

Total 39  
Credit 36  
Free 3

### Volcano 3<sup>rd</sup> Quarter

Terry Puuohau

Total 4  
Award 1  
Credit 3

### Waterfront 3<sup>rd</sup> Quarter

Terry Puuohau

Total walkers 44  
IVV Credit 39  
Free 5

### Club Officers

2007-2009

President Mark Brown  
Vice President Carol Romig  
Secretary Lan Char  
Treasurer Terry Puuohau

### Waikiki, Diamond Head, Kahala 3rd Quarter Report

Marsha Okada

Although there was a drop of Out-of-State volksmarchers, there was a good showing of club members doing the YREs,

For those who walk for awards, there are only 2 Kahala patches left.

Diamond Head YR to the summit (12K) has been closed from October 20- November 20 for maintenance work.

#### Waikiki

Total walkers 43  
Award 1  
IVV Credit 38  
Free 4

#### Diamond Head

Total Walkers 32  
Award 9  
IVV Credit 19  
Free 4

#### Kahala

Total Walkers 25  
Award 3  
IVV Credit 20  
Free 2



On August 23, Gilbert and Marsha Okada opened up the Diamond Head YR they were planning to do with Steve and Pat Finnegan of Oregon and Pat's sister, Delores as an unscheduled Hui Hele. It brought out six other club members. The Finnegans and Delores had a great time walking with the club members



## Capitol 3<sup>rd</sup> Quarter

*Barbara Mateo-Kihano*

Our only out of state walkers were Nancy & Fred Riley of San Antonio, Texas. They enjoyed our capitol walk on September 8, 2008 and also purchased two award patches.

This quarter, President Mark Brown and Molly Brown hold the distinction of being the only ones who did the capitol walk for the month of August!

Club member Carol Romig walked on July 30<sup>th</sup> and also on September 24<sup>th</sup>. Each time she graciously left a donation in our start/finish box. *Mahalo piha Carol.*

Total Walkers 31  
Award 3  
IVV Credit 28

## Milestones

October-November 2008 TAW

### Events

10 Gordon Tam  
50 Robert Wright  
50 Wanda Wright  
525 Marsha Okada

### Distance

500 KM Robert Wright  
500 KM Wanda Wright

## Menehune Marchers

## 2009 Events Schedule

As of October 26, 2008

### Event

### Date

**West Loch Walk** (*Carol & Dennis Romig*) **Jan 10**  
**Quarterly Business Meeting** (*Mark Brown*) **Jan 25**

**Diamond Head YR Hui Hele** (*Marsha Okada*) **Feb 15**

**Mililani YR Hui Hele** (*Carol & Dennis Romig*) **Mar 22**

**Waikiki YR Hui Hele** (*Marsha Okada*) **Apr 19**

**Quarterly Business Meeting** (*Mark Brown*) **Apr 26**

Open May

Open June

**Ho'omaluhia Anniv. Walk** (*Maria Brasher*) **Jul 19**

**Quarterly Business Meeting** (*Mark Brown*) **Jul 19**

Open August

**Manoa YR Hui Hele** (*Lan & Ben Char*) **Sep 13**

**Moiliili Walk** (*Marsha Okada*) **Oct 3**

**Quarterly Business Meeting** (*Mark Brown*) **Oct 25**

Open November

**Mililani YR Hui Hele** (*Carol & Dennis Romig*) **Dec 6 or 13**



# Canada by Train



Ruth and Gordon on Maid of the Mist



Niagara Falls



Canadian National



Maligne Lake



Banff from Sulphur Mountain

In late September, 2008, Ruth Asakura and Gordon Tyau spent two weeks on a tour across Canada by train. They flew into Toronto did a nice walk through the high rises of downtown. The next day was spent at Niagara Falls, a once in a lifetime experience.

The next three days and two nights were spent on the train and besides the highlights of the beautiful, varied scenery and beginning autumn colors of yellow and orange across many lakes, the food was wonderful. They met an AVA member who was doing Canada from city to city with his wife, both from New Hampshire, who had done 50 states and were now doing Canada.

When they got to Jasper, a small town surrounded by the Canadian Rockies, they left the train. They did a walk through and around town, which went right past the hotel they were staying on the outskirts, and also did a cruise around beautiful Maligne Lake.



Ruth and Gordon on Athabasca Glacier

After Jasper, they went by motor coach to Banff, stopping at Lake Louise along the way, as well as walking on the Athabasca Glacier, one of the highlights of the trip. They did a walk at Banff also and then took the gondola to the top of Sulphur Mountain, with a view of Banff below.

The last stop at Vancouver allowed another walk through the city, including the underground shopping area, and a stop at a favorite Indian Restaurant.

It was a very enjoyable trip that went too fast, with very nice walks, especially in the mountain towns, surrounded by Mother Nature.