Indiana Volkssport, INC.

Constitution
By - Laws
Standard Policy for INVA
INVA Policy on Year Round Events
Policy for INVA Club Cards
INDIANA VOLKSSPORT ASSOCIATION, INC.

CONSTITUTION

ARTICLE I. NAME

The name of the Corporation shall be the Indiana Volkssport Association, Inc., abbreviated INVA, and such abbreviated name shall hereinafter refer to the Corporation in this Constitution and the by-laws.

ARTICLE II. AFFILIATION

INVA is a member of the American Volkssport Association, Inc., which in turn is a member of the Internationaler Volkssportverband e V., respectively known as AVA and IVV.

ARTICLE III. PURPOSE

Section 1. INVA is a not-for-profit, voluntary membership corporation, organized under the laws of the State of Indiana, and organized exclusively for charitable and educational purposes under Section 501 (C) 3 of the Internal Revenue Code of 1986 as amended, to promote the health, physical fitness and well being of the people of Indiana by organizing, promoting, and conducting scheduled programs of non-competitive, family-oriented, participatory lifetime sports, including, but not limited to, walking (including jogging and running), bicycling, swimming, cross-country skiing, and such other events as may be sanctioned by the AVA and IVV, and including the following specific purposes:

a. to act as official representative of the AVA in Indiana;

b. to organize Volkssport clubs throughout Indiana;

c. to develop and implement a program of public information and education to engender interest in Volkssports;

d. to coordinate Volkssport events in Indiana;

e. to foster the preventive maintenance concept of health care;

f. to stress the pleasure of walking, jogging, running, bicycling, swimming, and cross-country skiing while improving one's health.

Section 2. All activities of INVA shall be carried on so as to be responsive to the needs of all persons, without regard to race, religion, sex, age, national or cultural origin, and to provide when possible for the very young and for the developmentally disabled.
ARTICLE IV. MEMBERSHIP

Section 1. All active Indiana Volkssport clubs, recognized by the AVA, constitute the members of INVA. Each member may appoint one representative who shall speak for the club at the annual meeting of the members of INVA, and one director who shall sit on the board of directors of INVA.

Section 2. Meetings of the members of INVA shall be held from time to time in accordance with the provisions of the by-laws. At such meetings, a quorum of the members shall be present if at least twenty-five percent of the currently recognized Indiana Volkssport clubs is represented by an authorized representative and fifty percent of the executive board is present. If a quorum is present, an action before the membership shall pass, unless otherwise stated in the by-laws or this constitution, if the majority of those present shall be in favor of its passage.

Section 3. The Board of Directors of INVA may, from time to time, set dues for members, as provided in the by-laws.

Section 4. Membership in INVA ends when the club is dissolved, withdraws, goes inactive, is expelled by AVA, or is no longer within the geographical borders of Indiana.

ARTICLE V. STATE OFFICERS

Section 1. The elected state officers shall be as follows:

a. President
b. Vice-President
c. Secretary
d. Treasurer

Section 2. Each INVA officer shall reside in Indiana, and if he or she moves out of state, the office will immediately be declared vacant, and filled by the procedures set forth in the by-laws. The original officers shall be elected by the members. Subsequent elections shall be held biennially at the first membership annual meeting following the AVA national meeting, with nominations and procedures following Robert's Rules of Order. If more than two candidates are nominated for the same office, and none receives a majority on the first ballot, the two receiving the highest number of votes shall run against each other, the candidate receiving the majority in this runoff election being the winner.

Section 3. The duties of the officers shall be as set forth in the by-laws.

Section 4. An officer's term shall end upon his or her resignation, at the end of two years from his or her original election, or upon vote by a majority of members attending a membership meeting that the officer has failed to perform his or her prescribed duties.
ARTICLE VI. BOARD OF DIRECTORS

Section 1. The INVA Board of Directors shall consist of one representative of each Indiana Volkssport Club and the Officers of INVA.

Section 2. The INVA Board of Directors shall meet as prescribed in the by-laws. The President shall preside at meetings of the Board of Directors; in his or her absence, the Vice-President shall preside.

Section 3. The duties of the Board of Directors are as follows:
   a. To elect a member of the Executive Board;
   b. To review and confirm the work of the Executive Board;
   c. To review and approve the Treasurer's annual financial statement, and a budget for the coming year.

ARTICLE VII. EXECUTIVE BOARD

Section 1. The Executive Board shall consist of the four elected Officers and one person chosen by the Board of Directors from active Indiana Volkssport participants.

Section 2. The duties of the Executive Board are as follows:
   a. To manage the business and property of INVA;
   b. To develop policies and programs for INVA;
   c. To develop the annual budget for INVA;
   d. To regulate expenditures;
   e. To promote new AVA clubs within the State;
   f. To perform such duties as shall be set by the Board of Directors and the by-laws. In conducting the business of INVA between regular meetings of the Directors or the Members, the Executive Board may conduct business in person and/or by telephone conference call or poll.

Section 3. Vacancies which occur on the Executive Board between regular meetings of the Board of Directors may be temporarily filled by the President.

ARTICLE VIII. COMMITTEES

Committees of the Board of Directors may be established by the Board of Directors as required or as set forth in the by-laws.
ARTICLE IX. AMENDMENTS

Section 1. This Constitution may be amended at any meeting of the members of INVA by a two-thirds vote of the total current members whether present or voting by proxy on the amendment issue.

Section 2. Amendments to the Constitution must be proposed by any two members of the Board of Directors, and shall be circulated to all members in writing no less than thirty (30) days before the meeting in which action is taken on the amendment.

ARTICLE X. BY-LAWS

By-laws of INVA may be adopted or amended by the Board of Directors by simple majority vote of those attending any scheduled meeting. Such by-laws or amendments may be proposed by any member of the Board of Directors.

Revised and approved September 13, 1992.

Donald N. Vartanian
President - Donald N. Vartanian

Elizabeth Pfieger
Secretary - Elizabeth Pfieger